

CAMP OLYMPIA SPARK WEEK PARENT PACKET

2023 TERM DATES

SPARK Week 1: June 11 - June 17

SPARK Week 2: July 2 - July 8



INSIDE THIS PACKET!

Overview	3
Welcome	
The Olympia Summer Team	5
Information Parents Want to Know	
Stay in Touch with Your Camper	10
First-Time Campers and Their Parents	12
What to Bring to Camp	13
Activity Brochure (Activity Preference Form Online)	
Additional Options	16
FORM: Medical Forms	19
FORM: Parent Insurance Cards	20
FORM: Physician's Examination	21
FORM: Camper Policy Agreement	23
FORM: Permission to Attend, Release, and Indemnity	26



OVERVIEW



Dear Camp Olympia Parents,

Summer is right around the corner, and we are so thrilled to have you and your camper here this summer! Before all the fun can begin, there is important information and required forms in this packet that will help you get ready for the best summer yet! We encourage you to use this "Parent Packet" as a resource, but complete all required forms online by logging in to the <u>Forms Dashboard</u> from our website. Please take time to review the list of forms below, their deadlines, and how to complete them. In order for your camper to receive their cabin assignment, we must have their full tuition AND all required forms on file.

We strongly suggest making an appointment now with your camper's physician for the camp physical or bringing your Health History and Physical Examination Form to your camper's next doctor's visit for completion. We can't wait for you to be here in just a few short months!

Campfully, Camp Ohympia Staff

ONLINE FORMS DASHBOARD - The Parent Login link is found under the Parent Info heading on our website.

Once you log into your account, you will be able to view:

- FORMS DASHBOARD Complete forms online and print important documents for the summer
- UPDATE ADDRESSES/PHONE NUMBERS Review and update contact information
- FINANCIAL MANAGEMENT Review and update your financial information for tuition and other payments to camp
- CAMP INTOUCH ONLINE COMMUNITY View photos, send emails to your camper, and read daily news during the summer
- LOGIN DETAILS Change your e-mail or password

REQUIRED FORMS	DUE DATE	TO COMPLETE
Activity Preferences Form	May 1	Online - Forms Dashboard
Additional Options Form	MaY 1	Online - Forms Dashboard
Health History	May 1	Online - Forms Dashboard
Parent Insurance Card	May 1	Paper form in the "Parent Packet" - page 20
Physician's Examination Form	May 1	Paper form in the "Parent Packet" - page 21
Permission to Attend, Release, and Indemnity	May 1	Paper form in the "Parent Packet" - page 26
Camper Personal Information Sheet	May 1	Online - Forms Dashboard
Camper Policy Agreement	May 1	Online - Forms Dashboard
Parental Authorization for Camper Pickup	May 1	Online - Forms Dashboard
OPTIONAL FORMS		TO COMPLETE
Special Delivery	May 1	Online - Forms Dashboard; Additional Options; Also found on page 16
2023 Yearbook	May 1	Online - Forms Dashboard; Additional Options; Also found on page 16
Travel	May 1	Online - Forms Dashboard

^{*}Completed paper forms may be uploaded as a PDF in the Forms Dashboard.*

TUITION PAYMENTS are <u>due</u> by May 1nd — Invoices will be sent via email by April 14th.







We want to welcome you to the Olympia family!

We have been the Girls' and Boys' Camp Directors at Camp Olympia for over twenty years. Being parents ourselves of one camper and one former staff member, we know you will be entrusting us with your most precious possession. We do not take that responsibility lightly. We are committed to providing the best possible camping experience for your child. We love camp and the benefits that it gives to children. Camp Olympia is a special place where children learn responsibility and cooperation, as well as gain independence and self-esteem. Camp builds character and values in children that help them achieve success in life. If you ask our longtime campers and staff what they cherish most about the camp experience, most will tell you it is connecting with others and developing true, long-lasting friendships. We are blessed to work in an environment where such friendships are formed.

We understand how important it is for you to be a part of your child's camping experience. Each day, we will write an update called "The Camp Connection" and post it on our website so you can stay connected with what is going on at camp. Also, we will post over 100 pictures online each day to bring home the excitement of camp to you. In this packet, we want to share with you information to help you prepare for camp as well as answer the specific questions parents ask most often!

If you have further questions, please don't hesitate to call us at (936) 594-2541.

You can also email Cody at cmmolympia.com or Michelle at mmauldin@campolympia.com!

Campfully,

Cody and Michelle Mauldin

OUR MISSION

Camp Olympia is dedicated to having fun together, helping people grow in body, mind and spirit.

We believe it is of the utmost importance that you know our values. Below are descriptions of the key words from our mission statement.

DEDICATED - We're sold on the value of camping. The real life experience that camping provides cannot be matched for educational value. Preservation of this opportunity for future generations is a must. As we offer a program promoting adventure, challenge, fun, and growth to people of all ages, we will continue to affirm the value of camping and its many benefits.

FUN - Fun keeps people coming back for more. We want our facility and program to be enjoyable for everyone who comes through our gates. We create a family atmosphere where FUN begins as an attitude and becomes a way of life. At Olympia, fun is second only to safety.

PEOPLE - There is nothing of greater value than human life. We consider safety our top priority in evaluating, planning, and programming for any individual or group at Camp Olympia.

GROW - The physical, mental, and spiritual growth of every person at Olympia is important. We want people to leave Olympia with more esteem for God, others, and themselves, and to feel positively challenged to work and plan for a successful life. Our program and facilities have been designed with the positive growth of people in mind.

BODY - We encourage physical activity and new challenges throughout our daily schedule, allowing time to rest and reflect on the day's events.

MIND - We provide a safe haven for working through real life situations and resolving conflict with the help of peers and counselors.

SPIRIT - Growth at Camp Olympia is encouraged daily with a wholesome Christian atmosphere, and non-denominational Christian Vespers are offered on the middle Sunday of every term.

THE OLYMPIA SUMMER TEAM

Hello from Camp O! I'm Debbie Stubblefield, and I serve as the Administrative Director for camp. I was fortunate to have been a camper at Olympia starting at age seven, then worked as a counselor while attending Texas A&M University, and have been on the year-round director staff since 2004. My husband, David, and I met at Olympia as counselors and have two sons, who currently are campers here at Olympia. We are truly a camp family believing in the benefits that the camp experience provides is unlike anything else!

Camp Olympia is blessed with an outstanding year-round staff. All have a passion for camping and are dedicated to the Olympia team. We are all always here to help you and can be reached at any time by phone or email!





Keegan started here in 2016 as a Counselor, worked as a Summer Assistant Director and as an Intern, and now as an **Assistant Director** on our year-round team! Keegan is in charge of billing for camp, activities, and our fabulous pool! Throughout the year, Keegan is in charge of tours for potential camp families.

kcallahan@campolympia.com



Jasie joined our year-round staff as an Assistant Director in 2021, with 4 years of previous summer camp experience. She heads up all summer activitiy scheduling, arts & crafts, flexibility sports, and our horseback program. During the year, Jasie also publishes our quarterly newsletter!



Nick started at Olympia in 2013, worked as a Summer Assistant Director and Intern before joining our year-round staff as an Assistant Director in the summer of 2017. Nick is now in charge of our O'Crew (staff program for 17-year-olds), Camp Leadership Program (CLP), and Junior Golf Academy. Nick also runs our year-round Retreats Program, ensuring that all groups attending have a great time!

ndeckert@campolympia.com



Brandon started his camping career with Olympia in 2015. He has worked as a Counselor, Summer Assistant Director, Intern, and has been a year-round **Assistant Director** since 2021. Brandon oversees our SPARK Week program, our videography department, and our challenge course. Throughout the school year, he helps recruit and interview counselors for the summer!



dstubblefield@campolympia.com



Andy started at Camp Olympia as a Counselor in 2014, worked as a Summer Assistant Director from 2015 - 2018, and joined the year-round staff as an Assistant Director in 2021. He is in charge of our waterfront, adventure sports, and Sunday vespers! During the school year, Andy helps with recruiting our awesome staff!

ahatcher@campolympia.com



Shay started her Camp Olympia career as a camper in 2004, worked as a Counselor in 2015 & 2016, and has now joined our year-round team as an **Assistant Director.** Shay is excited to take our nightly programs to the next level, assist with marketing efforts, and lead our photography team!

OPENING DAY ARRIVAL

Camp's opening days are on **SUNDAYS!** We will open our gates by **1:00pm** and ask that families arrive in their allotted time as we will stagger check-in times alphabetically. We will email you your check-in time in the week prior to Opening Day. Our goal is to create an efficient drop-off process for both campers moving in and parents driving through camp.

Upon arrival to camp, you will be greeted at your vehicle where a staff member will check-in your camper, verifying we have all camper forms and taking your camper's temperature. Following check-in, staff members will direct you to your camper's cabin. Once you arrive at your camper's cabin, a staff member will meet you at your car and unload your camper's belongings. You and your camper will say your goodbyes and the counselor will escort your camper to the cabin to get moved in. We ask that parents stay at their vehicles and **NOT** enter the cabins.

After moving your camper into his/her cabin, you are encouraged to stop by our Welcome Area in our Nexus building to talk with our Directors and pick up a copy of your camper's activity schedule. The Nurses' Station will also be open if you need to drop off any medication or speak with one of our nurses. You may also want to visit our Country Store to shop for any last minute camp gear or any items you would like delivered to your camper during his/her stay at camp.

We will have our annual **car decorating contest** so don't forget your car paint, balloons, streamers, and other fun decorations! This is a fun and easy way to earn merits and you might even see your picture on the website later!

TRANSPORTATION & TRAVEL

Camp Olympia will offer bus transportation from Bush Intercontinental Airport (IAH) for our campers who are arriving by plane. We ask that campers who are flying in plan their arrival flights between 10 AM - 12 PM if possible, on opening day of your camper's term.

On closing day, camp staff will offer bus transportation to Bush Intercontinental Airport (IAH) for campers who will need to return home by plane. We ask that departing flights are scheduled between 11 AM - 1 PM, if possible, on closing day of your camper's term.

Transportation forms for Travel Outside the United States and Travel Within the United States have been included in the online Forms Dashboard. When making your travel arrangements, please take care of the Unaccompanied Minor form and fees and provide us with the receipt. If no receipt is provided and camp must pay the fee, you will be responsible for reimbursing camp (and/or obtaining the refund for double payment from the airline). Please let us know your camper's flight information details by completing the pertinent transportation form. Also, please note that any camper belongings requiring shipping from camp will incur a shipping and handling charge.

This year, Camp Olympia has partnered with Ship Camps to ease the hassle of getting luggage to camp. To learn more about this program, visit https://shipcamps.com/camp-olympia

CLOSING DAY DEPARTURE

Camp's closing days are on **SATURDAYS!** Our gates will open at **10:00 am** on SPARK closing days, and your pick-up time window will be emailed to you in the week leading up to closing day.

Upon arrival, at your designated pick-up time, you will drive through Camp's front gate and be greeted by a staff member. This staff member will ask for identification which will be cross-checked with the approved names you listed on the Parental Authorization for Camper Pickup Form (found within the online Forms Dashboard). Once cleared to proceed, you will be directed to the pickup area. Staff will be there to meet you and help load your camper's belongings into your vehicle. Note, any camper medication will be placed within the camper's trunk prior to pickup thus eliminating the need to stop by the Nurses' Station.

Once you have your camper and belongings, we encourage you to talk with camp staff, visit our Country Store, and stop by the Nexus to watch our slideshow with photos from the week while signing up as an EARLY BIRD for SUMMER 2024!

EARLY BIRD 2024

On Closing Day, campers will have the opportunity to sign up to be **Early Birds for 2024!** Being an Early Bird has its advantages! Campers that sign up on or before Closing Day will secure their spot for 2024, earn 50 merits, and receive their Early Bird t-shirt!

Parents may choose to complete their 2024 Camper Application online prior to Closing Day or at our **Nexus building** after picking up your camper. Early Bird t-shirts will be packed in trunks (or worn by campers) for applications received ahead of time. For applications received on Closing Day, Early Bird t-shirts will be distributed to campers at registration.



PARENT CONTACT INFORMATION

Please confirm the accuracy of the parent contact information listed in our system by logging in via the <u>Parent Login</u> on our camp website and accessing the Update Addresses/Phone Number link. For divorced families, please include contact information for the parent(s) who has custody of the camper. Please contact the camp office at 936-594-2541 or <u>campinfo@campolympia.com</u> with any questions or concerns.

Camp's closing day procedure requires an indentification check, to confirm that the camper is only released to the authorized parent/gaurdian noted on the Parent Authorization for Camper Pickup form found within the online Forms Dashboard. You must also identify on this Parent Authorization for Camper Pickup form if a particular parent/guardian is NOT to pick up your camper on closing day due to custody reasons.

MEDICAL CARE

We have two registered nurses and a nurse practitioner available during each term. They treat minor illnesses and injuries, provide a little TLC, and decide who needs to see outside care. Depending on the attention needed, campers may be taken to a clinic or hospital in Trinity, which are approximately ten miles from camp. Additionally, an urgent care and hospital are available in Huntsville, approximately thirty-two miles from camp. You will be contacted if your camper needs outside medical attention. It is an American Camp Association accreditation standard and a Camp Olympia policy!

Campers or staff members exhibiting symptoms of illness will be seen by one of our nurses. Temperature checks and overall health assessments will be done each morning by cabin counselors and recorded in each camper's cabin book.

Please encourage your camper to communicate with his/her counselors if he/she feels ill while at camp. Campers feeling ill will be taken to the Nurses' Station and evaluated. If your camper exhibits symptoms of a contagious illness, he/she will be quarantined and the camper will be evaluated by our nurses. Parents will be contacted if arrangements need to be made for the camper to go home until cleared by a doctor and is no longer contagious to the camp community to return.

Parents are responsible for any doctor, hospital, and/or pharmacy charges that might be incurred by their camper from illness or injury.

Your child will not be allowed at camp unless their Medical Forms have been completed and payment received. Your camper will not receive their cabin assignment until all required forms have been received by camp.

CABIN ASSIGNMENTS

Cabins at camp are assigned by sex and age with cabins grouped into clusters (Junior or "J", Intermediate or "I", Senior 1 and Senior 2 clusters.) SPARK campers will have their own cluster of cabins, one cluster in Boys' Camp and one cluster in Girls' Camp. If you have a cabinmate request, we ask for you to submit it via email to campinfo@campolympia.com by April 1st, if you have NOT already noted it on your camper's application. Please limit your cabinmate request to one camper. We do not guarantee cabinmate requests, though we do our best if the requested campers are close in age. Cabin assignments will be emailed to you approximately one week prior to the start of your term if your camper tuition has been paid in full and all of your camper forms have been submitted.

REGARDING PHONES

We want to create an *unplugged environment* for our campers while at camp. Campers do not have access to a phone and are not permitted to bring cell phones to camp. Instead, campers are encouraged to write home as often as possible. Please feel free to call and talk with our staff or your camper's counselor at any time for information, concerns, or suggestions about your camper's stay. When requesting to speak with a counselor, a message will be taken and the call returned at a specific time. You can reach us by phone at (936) 594-2541 or email campolympia.com.

VACATIONING PARENTS

Please leave your vacationing address and phone number if the need arises for us to reach you. We require at least one emergency contact who can pick up your camper within a reasonable time window. If you have additional names to be notified in case of an emergency, please leave this with the office - we recommend more than one. If you vacation out of the country, don't forget to make allowances for time delays in sending your camper mail.



PARTNERING WITH PARENTS

It seems that "being a kid" is harder these days more than ever in recent history, and this is why we feel the summer camp experience is so important! Below are some of the challenges and difficulties that we have witnessed this generation of girls and boys experience.

- Immense social pressure both online and in person
- Decline in mental health increasing anxiety, depression, self-harm
- Lack of outdoor, physical activity increasing obesity and other health issues
- Divisive culture bogged down in negativity, labeling others, taking sides, etc.
- Decline in emotional intelligence replacing in-person communication with online communication

Through all that children face today, our mission has stayed the same. Camp Olympia is dedicated to having fun together and helping people grow in body, mind and spirit.

We want camp to be your child's "home away from home" - a positive, encouraging environment where everyone has fun, builds friendships, and grows as a person. At the same time, we also recognize that we need help from you, our camp parents, to assess if our camp environment is the right fit for your child this summer. We want to partner with you to help your child grow and have the most positive summer camp experience that we can provide. Communication is key!

- We look to get the most fun out of every day at camp, and that is
 why our day is scheduled from wake-up to lights-out with a variety
 of activities and programs. Campers (and counselors!) will get tired
 from being physically active outside. Each day, we have a "rest
 hour", consisting of down time in the cabin where rest is encouraged.
 We also stress the importance of drinking lots of water and eating
 well at each meal. Campers do not have the option to skip out of
 scheduled activities. We expect campers to participate unless they
 are not feeling well.
- Camp is a community environment, with the opportunity to make many, lasting friendships. Campers learn to work with one another, encourage one another, and help one another. Through this unique environment, campers learn so much about themselves and about how to relate to other people. Campers will not have much alone time at camp, aside from "rest hour" and bedtime.
- The camp environment is often loud and noisy. We love to chant and cheer, whether rooting for our tribe at Spartan/Athenian or our cluster inside the chow hall during lunch! Our programs are always rockin' with music to fit the theme.
- One of the very special aspects of camp is its beautiful, natural
 environment tucked in the East Texas pine trees along Lake
 Livingston. We will wake up to birds chirping and go to bed to the
 crickets chirping. There will be deer and squirrels, but also spiders
 and mosquitoes. Getting to observe and explore nature is part of
 what makes the camp experience so unique.
- We have 30 cabins at camp, all situated in groups called clusters along our Cabin Loop road. Half of the clusters are dedicated to Boys' Camp and the other half is Girls' Camp, with each cluster grouped by age. We only allow biological boys in boys' camp cabins and bathrooms, and likewise biological girls in girls' camp cabins and bathrooms. Entering a cabin or bathroom of the opposite sex is not allowed and grounds for dismissal.

- Gender identity has become a much more prevalent topic in youth settings like schools and camps in the last several years. There have been instances where returning campers have requested to be addressed as a different name than how we previously knew them or new campers requesting a different name than what their camper forms indicated. Sometimes these changes are unbeknownst to parents. Parents, we ask that you help us by indicating your camper's preferred name or nickname on your camper's Personal Information sheet and other camp forms, as this is how we will address your camper at camp. We ask that all campers respect others by referring to them by their preferred name (as indicated on their Personal Information sheet).
- We strive to create the "Positive Zone" at camp where negativity is left outside the camp's gates. We want camp's environment to be one of encouragement and kindness where campers feel free to get out of their comfort zone to grow! Through the many decades of camp, we have heard hundreds of stories of how life changing and deeply impactful the camp experience and camp friendships can be for people. However, if your camper has been suffering with severe anxiety, depression, self-harm or suicidal thoughts or tendencies during this school year, we strongly advise that your camper continues their mental health journey with their trained, licensed medical/counseling team at home. Our camp staff, most of whom are college-age summer camp counselors, are not licensed counselors or therapist equipped to handle these challenging issues. Having a camper go home from camp for these issues can often be an unfortunate setback in their journey, and we only want the best for them.
- Camp operates in a Christian environment where we pray before meals, where Christian music may play throughout camp, and have Bible studies available for our staff. We are not affiliated with any particular church or denomination, nor do we have daily services or Bible studies with campers. We do have a Christian Vespers service on Sunday for our 2-week and 3-week campers (not applicable for our SPARK Week campers). Many times, Vespers includes an outside entertainer (ex. band, illusionist, artist, etc.) who performs and gives a Christian message. Recognizing that we have campers of many different faiths, this Vespers service is optional, and we give parents the ability to opt-in or opt-out of this program in one of our forms prior to camp.



FOOD

Camp Olympia takes pride in providing healthy and delicious meals for children to enjoy. Our well-balanced meals offer several food choices. Campers are encouraged to drink a lot of water and to eat salad and fruit at meals. Please indicate any allergies or dietary needs on the Health History Form within the online **Forms Dashboard**. If needed, our Chow Hall Manager can talk with you prior to opening day to discuss your specific dietary needs.

COUNTRY STORE & MERIT SYSTEM

Our merit system works as an incentive rather than a disciplinary measure. It is based on the theory of logical consequence. Positive behavior results in a merit received; negative behavior results in a demerit taken. This system promotes a positive environment and encourages personal responsibility.

Campers can choose to save their merits, spend them on clothing, games, toys, etc. during their trips to the Country Store, or donate a portion of them to our Camp Olympia Philanthropy Club, which benefits a children's charity each year. Money is only accepted through online store orders and in person purchases on Opening and Closing Days.

The Country Store will be open on Opening and Closing Day for parents to shop the latest camp gear! We have everything from hats, waterbottles, t-shirts, and stickers!

ITEMS TO LEAVE AT HOME

To provide campers with the best camping environment we can, we ask that campers <u>NOT</u> bring the following items with them to camp: money, candy, food items, guns, knives, firecrackers, silly string, radios, iPods/MP3 players, video cameras/GoPros, laptop computers, diffusers, iPads/Tablets/Kindles/Nooks, video game players, cell phones, Apple watches/smart watches, or hoverboards, or diffusers. Also, we discourage bringing expensive clothing and jewelry or valuable equipment. Since Olympia takes over 100 photos daily, posts them online, as well as gives you a picture of your child with his/her cabin, we recommend not bringing cameras to camp. Digital cameras that are brought to camp may only be used at designated times deemed appropriate by counselors. If not used in an appropriate manner, digital cameras may be taken up and returned to the camper on Closing Day.

CANCELLATION POLICY

If cancellations occur within seven days prior to your camp term, half of the tuition will be refunded. No deductions will be made for late arrivals or early departures. In cases where a camper is withdrawn upon doctor's orders, a refund of \$100 for each remaining day will be refunded upon request.

Camp Olympia reserves the right to dismiss any camper whose behavior is detrimental to other members of the camp community and reserves the right to not invite the dismissed camper back to camp. Any camper bringing illegal drugs, alcohol, cigarettes, e-cigarettes, Juuls, vapes, or smokeless tobacco to camp will be subject to dismissal. Any camper who leaves his/her cabin without a counselor or counselor permission after lights out will be dismissed from camp. Please refer to the **Camper Code of Conduct** for other conduct violations that could lead to a dismissal from camp and a refusal of future admittance. In the case of misconduct or rules violation, there will be no refund of camp fees.

UNTIL NEXT SUMMER

We would love to hear about all of your special news and accomplishments throughout the year. We will keep in touch with you with our camp newsletters, birthday merits, emails from Merit, special events, and more!

Additionally, if you are on social media, we encourage you to like our <u>Camp Olympia Facebook Page</u> and follow us on <u>Instagram</u> to stay up-to-date on all that is happening at camp all year long!

We also have several Special Events at camp throughout the year, including our Family Camp Weekend, Open House, Mother/Daughter Weekend, Mom/Son Weekend, Father/Son Weekend, and Fall Fest. Check out our <u>website</u> for dates and details on these Special Events and mark your calendar now!



STAY IN TOUCH WITH YOUR CAMPER!

HAVE FUN WITH YOUR CAMPER

Parents, you have an opportunity to experience what is going on at camp each day through our online photos, email and news!

There is no separate registration process or additional password to remember. **To log in**:

Click: "Parent Login" at the very top of our website

Enter Your: Username and Password.

Click on: Online Community options: Email, News & Photos!

Note: There is also a "Guest Accounts" option that allows you to add family members/friends to the account so they can be connected too. Follow the instructions on this "Guest Accounts" page for this feature.

PICTURES, YEARBOOKS & VIDEO

Camp Olympia will be filming and taking photographs during the camping term. Unless otherwise notified in writing, Camp Olympia reserves the right to use photographs and/or video of your camper for promotional purposes.

Each day we will post over 100 pictures in a password protected area so you can see camp in action! Additionally, Camp will create a video so campers can relive the best moments of the summer throughout the school year. Pictures of your camper in their "camp uniform" as well as a cabin photo with their cabin mates and counselors will be available online to purchase. Our 2023 Find Me HERE Yearbook is available for purchase through the **Additional Options Form** online. Yearbooks will not be completed or published until after summer and will be mailed out by the end of the year.

You will have **FREE**, unlimited access to our password protected Photo Gallery. We strive to have the prior day's photos posted by noon the following day. This Photo Gallery allows you to look through all of camp's photos for the day and tag, download or purchase a print of the favorites photos of your camper. While you might not see your camper everyday, you are likely to see your camper's smiling face several days during the term. Olympia will post **OVER 100 PHOTOS** online every day! Encourage your camper to get in front of the camp cameras!

Along with the option to view photos through your <u>CampMinder Login</u>, you can also view them within **WALDO!** We have partnered with Waldo Photos which has the option for a free password protected gallery or a purchased version with facial recognition. Both options are easily sharable with friends and family that you may want to share with. If you decide to purchase the facial recognition package, photos of your camper will be sent directly to your phone once they are uploaded! No more searching through ALL of camp's photos for hours to find your camper. Find out more about this through our <u>website</u>.

You can also scroll through and view all the photos for free on the Waldo Gallery <u>here</u>.

Cost Per Camper



1 Week Terms (SPARK): \$9.99 2 Week Terms (Terms 1, 2B, 3B, & 4): \$14.99 3 Week Terms (Terms 2 & 3): \$19.99

MAIL CALL & PACKAGE INFO

Mail Call is one of the highlights of the day! Campers enjoy receiving mail from their family and friends. However, please note that we have a no outside package policy, so parents and friends are asked not to send outside packages to camp. Any package will be returned to sender. If there is a special need or a birthday, please contact the office at (936) 594-2541 or campinfo@campolympia.com. Please help us in notifying other family members and friends of this policy.

Camp Olympia will continue to offer its **Special Delivery Care Packages**. Information for ordering these fun, camp approved packages is found later in this packet and can be ordered online through your **Forms Dashboard** on the **Additional Options Form**.

EMAIL - PARENT TO CAMPER

Emailing your camper is quick and easy! There is no cost to send plain text emails to your camper; however, there are "Email Enhancements" that you may choose to include in your email, which do require the use of a CampStamp (see CampStamp details on the next page). The Olympia staff will print off your email to your camper and include it in the day's mail distribution if the email arrives before 11:00 am. Please note that your camper will not be able to send a reply email, nor have access to use a computer.

TO EMAIL YOUR CAMPER

Send to <u>campermail@campolympia.com</u> and put your camper's FIRST & LAST NAME and CABIN in the subject. There is also an option to email your camper within your online Parent Account. This email service provides various email enhancements as well as a reply feature.

EMAIL ENHANCEMENTS

From the email feature within your Parent Account, you have the option to make your emails more fun for your camper. These "Enhancements" require the use of a CampStamp, which can be purchased from the email screen.

- SmartWords (age-appropriate vocabulary words)
- Sudoku
- Email Stationery
- E-letter Reply (so your camper can send back a handwritten letter)

See details for "E-Letter Replies"



STAY IN TOUCH WITH YOUR CAMPER!

E-LETTER REPLIES

E-letter Replies allow your camper to quickly respond to your emails or letters without using a computer. It is the fastest way for a camper to get a letter to you! This service is particularly beneficial if you plan to travel while your camper is at camp or if standard mail from camp takes more than a day or two to arrive to your home. Your camper writes a handwritten letter on a special bar-coded piece of stationery and turns it in with his/her cabin's mail. Our office staff will scan this bar-coded letter to the Camp InTouch system, where it will appear in your online account. You will receive an email alerting you when you have received an E-letter Reply, and you can then view the handwritten letter from your camper in your online account! This feature does require CampStamps to view the letters (see CampStamp details).

If you decide to attach these to the email you send your camper or send them with your camper to camp, please remind them to use these! Also, let them know that only black or blue ink will show up on the scans and if they use another color, you will not be able to see what they send.

In order to use the E-letter Reply feature, you can either:

- Send E-letter Reply stationery with your child to camp (Note: it does not cost anything to print the stationery so you will not have to commit to paying for something that your camper may not utilize.)
- Attach E-letter Reply stationery to one of your emails by checking the checkbox "I would like a handwritten E-letter reply to this email." This checkbox is located just above the "Send Email" button within the Email page.

WHAT ARE CAMPSTAMPS?

CampStamps are credits you can purchase to enhance communication with your camper. To add CampStamps to your account, click on the "CampStamps" link at the top of the Email page. Then, select "Buy More" to make your purchase. There is also an option to "Give Some" of your CampStamps. If you have created Guest Accounts for friends or family, you can give CampStamps to them.

CampStamps are offered in the following packages

- 10 CampStamps for \$10
- 15 CampStamps for \$14
- 20 CampStamps for \$18
- 30 CampStamps for \$25

Cost in CampStamps

- Plain text email to camper = 0 CampStamps
- SmartWords or Sudoku = 1 CampStamp
- Email Stationary = 1 CampStamps
- Send E-letter Reply Request = 0 CampStamps
- View E-letter Reply = 1 CampStamp

IMPORTANT TIPS

- Stationery and other enhancements will not appear until you preview the email.
- Emails are limited to 50 printed lines. Stationery and word games further limit the number of lines you can type. Please make sure to add any stationery or word games BEFORE you start writing your email; if you do so after, you may have to shorten your message.
- CampStamps carry over from season to season, so any unused stamps will be available for future use.
- Please note that you must enter credit card information to purchase CampStamps. This CampStamps account is separate from your Camp Olympia account, and therefore, we are unable to use your card on file for this purchase.

NEED ADDITIONAL HELP?

Within each of the Email, News, and Photos pages, there is a "Help" link in the top right area. This "Help" section has answers to many of the most common questions. If you are unable to find an answer to your question, select the "Help Ticket" option and type in your question/issue to have a customer service representative respond.

NEWS

Stay up-to-date with everything happening at camp during your camper's stay! Each day, one of our directors will post "The Camp Connection" to inform you of the events occurring at camp!





FIRST-TIME CAMPERS AND THEIR PARENTS

HOMESICKNESS

We understand that sending your child away to an overnight camp can be intimidating. Please don't worry! We are fully prepared and equipped to handle smooth transitions into our summer camp program, and after reading this, you will be too!

If you have any questions about preparing your child for camp or dealing with homesickness, please let us know. We have some great materials that we would be glad to give you dealing with these issues. We recommend an excellent resource book, by Dr. Christopher Thurber and Dr. Jon Malinowski, named The Summer Camp Handbook. This book is now available for online reading at http://www.summercamphandbook.com/.

We want to make sure that you and your child have a great experience and find Olympia to be your second home!

BEFORE CAMP

Be positive and get excited when talking about taking your child to camp, the daily schedule, expectations of camp, etc. Go to our website to look at pictures and videos together.

Battling homesickness starts with parents! Address the problem ahead of time by simply talking about homesickness. Let them know that it's okay to be homesick. Bringing it to light can help your child process the reality of actually being away from home soon.

Do not vocalize how much you are going to miss your child. Often, parents are equally as apprehensive. Keep this to yourself. Your camper would remember these feelings—allowing for convenient excuses to go home and "take care of their parents."

Never make a deal. When talking with your child before camp, avoid telling him/her, "If you give camp a try and don't like it, I will come and pick you up." Although these deals are made with good intentions, they almost always have negative effects.

Sit down together and create strategies for your child to deal with homesickness. Whether it is simply having them help pack their trunk, talking to their counselors about their feelings, or staying busy while at camp — establish these coping mechanisms now.

DURING CAMP

Write or email frequently! Campers love to hear from Mom and Dad. Handwritten notes are special but emails are easily handled and get to your child quickly.

Have confidence in your child's counselor. The staff at Olympia has dealt with many cases of homesickness throughout the summers. It is part of our job, and the staff is trained in knowing how to help campers overcome homesickness.

Parents, keep yourself busy. Keep yourselves busy while your child is gone. Take a vacation, catch up with friends, tackle those projects you keep putting off. The busier you keep yourself, the less you will dwell on the empty household.

Also, log in to campolympia.com, check your WALDO App, or the WALDO Gallery at <u>waldo.photos/galleries</u> (Code: Olympia22) for photos of your smiling camper. Seeing that your camper is having a good time will put your mind at ease. Encourage your camper to get in front of the camp cameras!



SUMMER 2023 SPECIAL EVENTS

DON'T FORGET TO PACK YOUR COSTUMES FOR ALL THE FUN AND EXCITING PROGRAMS.
IT WOULDN'T BE CAMP WITHOUT CRAZY COSTUMES!

COOKOUT

Otherwise known as Overnight here at Camp Olympia - dress in camoflauge or dark clothing and get ready for field games, songs around the campfire, ranger dogs, and s'mores!



Come prepared with an act or prepare one with the friends you make at camp and show off your talents on stage!

To accommodate all of our talented campers, please limit your act to 1 minute and 30 seconds!



It's a boogie wonderland! Come get your hustle on in your best 70's fashion for this Disco Inferno!

WHAT TO BRING TO CAMP!

LABEL EVERYTHING!

PLEASE MARK YOUR CAMPER'S FULL NAME ON EVERYTHING! IF YOUR CAMPER'S ITEMS ARE NOT LABELED. THERE IS NO WAY TO IDENTIFY YOUR CAMPER'S LOST & FOUND ITEMS! Your camper's clothes will be laundered at least twice during a three week session and at least once during a two week session. We discourage bringing expensive outfits, jewelry or equipment to camp. Below is a minimum suggested needs list.

Campers should bring their belongings to camp in a FOOTLOCKER OR TRUNK NO MORE THAN FOURTEEN INCHES TALL in order to fit underneath your camper's bed. It is fine to pack some items in a labeled laundry or duffel bag.

To find footlockers and other camp gear, we recommend **Everything** Summer Camp. They carry everything from trunks and duffels, to clothing labels, to bunk and bath supplies. Use the "Find my Camp" function or enter the Camp Code: PLAY673OL to get discounted products!

DRESS CODE

In keeping with a wholesome safe environment, we encourage all campers to wear well-fitted, appropriate clothes, shoes, and swimwear. Camp is a very active environment, and at times, boys and girls will be participating together in activities.

Swimwear should provide complete coverage, fasten securely, and be designed for active wear. We encourage female campers to wear a one-piece swimsuit, and require that they bring at least one for athletic water activities (such as our track and swim meet), however two-pieces are allowed if they have only one tie accompanied by another fastener. (Triangle bikini tops and bottoms that tie are prohibited). Also, swim shorts are required when participating in lake activities such as blobbing and rocketing, wakeboarding, and waterskiing. Dark colored sports bras provide adequate coverage and support, and therefore, are acceptable tops for water activities. However, in all land activities, a tank-top or t-shirt needs to be worn over a sports bra or swimsuit.

Tank tops and sleeveless shirts should fit appropriately and not have large, gaping arm holes that hang down past a sports bra or to the middle of the ribs. Shorts should be of a modest length. Closed-toe shoes are needed for all land activities, and lake shoes are recommended for our lake activities.

Our staff reserves the right to ask campers to change clothes or put on additional clothing if deemed not appropriate for the active, co-ed camp environment. Your camper can help prevent injuries or embarrassing situations by arriving to each activity dressed appropriately.

1 WEEK	NEEDS LIST
2	Laundry Bag
6	Towel
4	Washcloth
1	Pillow
2	Twin Sheet Set (flat & fitted)
1	Lightweight Blanket
10	Socks (pairs)
9	Shorts
10	T-Shirt/Tank Top
1	Long Sleeved Shirt
9	Underwear
2	Pajamas
2	Jeans/Long Pants*
1	Raincoat or Poncho
1	Lake Shoes
2	Tennis Shoes
1	Shower Shoes
3	Swim Suit
1	Swim Shirt
1	Swim Shorts
1	Flashlight
1	Cap/Visor
1	Insect Repellent
1	Sunscreen (SPF 15+)
1	Water Bottle with Flip Top**
7+	Stationery and Stamps
1	Shower Caddy/Toiletry Bag
1/day	Disposable Face Masks (optional)
2	Nose Clips (optional)

^{*} Your camper will need jeans or long pants for cookout with their cabin, as well as participating in Horseback.

DO NOT PACK

money, candy, food items, guns, knives, firecrackers, silly string, adios, iPods/MP3 players, video cameras, GoPros, tablets, laptops, video games, cell phones, smart watches, hoverboards, or diffusers.

TOILETRIES

- Deoderant
- Liquid soap Shampoo & Conditioner
- Hair brush & hair ties
- Toothbrush (2) & Toothpaste
- Any other necessities

^{**} Please only bring water bottles that have either a straw or a flip-top! We do not want any area of the water bottle that has touched someone's mouth to make contact with our refilling stations!

SPARK ACTIVITY BROCHURE

OVERVIEW

Campers, we hope you are excited to learn all about our activities and then RANK your favorites! Parents, we want you to have a good understanding of all that we offer!

This activity brochure is designed to inform you and your camper of Camp Olympia's activities and to help in choosing from 20 different activities. We want to answer as many questions as possible, as well as give your camper a feeling of familiarity even before arrival. It is Camp Olympia's goal to give each camper an activity schedule with their top choices; however, class minimums and maximums must be kept in order to have a productive and efficient class.

With the completion of the online Activity Preferences Form, you are indicating your understanding of the activities you and your camper choose as well as those activities conducted throughout the term as "special events" or "extra activities", and you are acknowledging that you have read this material.

After reading through the activity information, SPARK campers will rank 10 activities from the choices available. From the ranked activities, campers will receive an individualized schedule with four activity periods on Monday and Wednesday and another four activity periods on Tuesday and Thursday.

SPARK ACTIVITY CHOICES

The activities below are available for campers to RANK as thier top 10 activities. These activities are what will appear on your camper's schedule that your family will have the opportunity to pick up on opening day at drop-off.

Arts & Crafts	Fishing	O-Sports
Baseball	Football	Soccer
Basketball	Frisbee	Softball
Board Games	Gymnastics	Swimming
Charm	J-Journeys	Tennis
Cheer/Dance	Lacrosse	Textile Arts
Drama		Track & Field

BREAKOUT ACTIVITIES

All SPARK campers will have the opportunity to experience many of the most popular areas of camp during "Breakout" times together as a SPARK group. These activities will not show up on your online Activity Preferences Form or your camper's activity schedule, but each SPARK camper will get to participate in these fun activities listed below.

Horseback	Puppies in Training
Inflatables	Rocketing
Jump Pad	Water Slide
Mini Golf	Water Wars
	Inflatables Jump Pad

ARTS

ARTS & CRAFTS is where it's at! Whatever the project, you can bet it will be FUN, and campers will be able to bring it home! Note that heat, chemicals, or sharp objects may be used under supervision.

CHEER/DANCE class is a great way for campers to work on leaps, turns, stunting, tumbling, motions, chants, and technical movements! Many of our dance and cheer classes perform a choreographed piece at Talent Show!

DRAMA campers get to create and perform their own skits. Campers enjoy dressing up in costumes and some even chose to perform their skit at Talent Show!

TEXTILE ARTS has campers using different textiles such as string and fabrics, to create a variety of crafts. They will create one-of-a-kind projects to take home as well as learn lifelong skills. Note that campers may use sharp objects, such as scissors and needles, with supervision during this class.

OUTDOOR ADVENTURE

J-JOURNEYS is a class where campers will trek through the Piney Woods, go on a scavenger hunt, and have a blast learning about the great outdoors!

FISHING is a great, relaxing activity at Olympia. Campers fish in a stocked pond near the heart of camp. Campers use a variety of baits, lures, and hooks with the hopes of catching the biggest fish! Campers may be shuttled to the fishing pond on a passenger trailer.

RECREATIONAL HOBBIES

BOARD GAMES is a great activity for campers to relax, have fun with friends and learn some strategy!

CHARM is a fun activity for campers of all ages to learn beauty tips and etiquette.

SPORTS

Camp offers a wide array of sports, which campers can choose in their activity preferences. There is also many opportunities for campers, outside of their scheduled activities, to participate in various field and court sports during free-time with cabin-mates and friends. Of course, like with any sport or physical activity, the potential for injuries exist.

BASEBALL is as popular as ever! Olympia's beautiful baseball park, named Ferguson Field, is second to none. Campers can hit a home run over the huge wall in left field or into Caney Creek in right field! In addition to baseball class, campers enjoy participating in our Home Run Derbies and Speed Softball games on this field.

BASKETBALL class is a great way for campers to experience our two covered basketball courts for double the fun! One court is a covered court at the O'Dome, and the second court is a full-size court under the Thunderdome. In addition to basketball activity class, campers enjoy playing basketball and knockout during free time.

FOOTBALL has a long history at Camp Olympia and is a fun activity for both boys and girls. Olympia's owners, Chris Gilbert and Corby Robertson, Jr., were both All-American football players at the University of Texas. Both Chris and Corby taught football to Olympia campers in camp's initial years. Campers will work on their football skills and play flag football games.

FRISBEE is fun for all ages. Campers learn how to properly throw a frisbee and learn the strategies of playing Ultimate Frisbee. Campers may also have the opportunity to play Frisbee Golf!

GYMNASTICS at camp involves flexibility and balance exercises, as well as tumbling on a padded mat, balance beam drills, circut work, or even the outdoor Jump Pad! With tumbling and flips, the potential for injuries exist.

LACROSSE involves campers learning various technical skills such as throwing/catching, cradling, shooting, etc. They will also be instructed in basic to advanced movements and drills based on their individual skill levels.

O-SPORTS has the campers' favorite Camp Olympia games in one O-mazing activity! O-Ball, Spike-O, Koob, O-O, Sky-9, Toppleball, and other fun Olympia games will be taught and played during this one period activity. Campers will learn strategy and new techniques to perfect their game and, of course, have a TON O' FUN!

SOCCER class is popular for campers of all ages and is an O-mazing way to stay in shape for your home soccer team or play for the first time!

SOFTBALL players of all skill levels enjoy hitting and fielding drills out on our full-size softball field!

TENNIS participants will receive great instruction, learning new skills and enhancing current ones. Olympia has two regulation size tennis courts that are covered to keep the sun out of our eyes!

TRACK & FIELD is a great activity for staying in shape for school athletics or for general fitness. Campers enjoy the variety of elements in track & field class from the long jump to hurdles and sprints!

WATER FUN

Get ready for some water fun at our pool and lakefront that we call The Point! All Point activities involve participation in Lake Livingston. There are several recreational lakefront activities in which all campers may participate, such as Blobbing, Rocketing, Water Sliding, Paddleboarding, Canoeing, and Log Rolling. It is recommended that campers participating in any lake activities be comfortable in lake water and have at least a basic swimming ability. Lifeguards are present for lake activities and life jackets are mandatory for all lakefront activities, with the exception of blobbing and water sliding. Life jackets are available for these activities as needed or wanted. Though our Olympia staff takes many precautions, risks on the lake do exist. Please note that nose clips will be worn while participating in the following activities on our lakefront: Rocketing, Blobbing, and Sliding. For more leisurely lake activities, such as Paddleboarding, nose clips will be available if requested, but will not be mandatory. We recommend that campers bring 2 nose clips with them to camp, but we will also have some available.

In addition to The Point, we also have a pool close to the heart of camp. The Olympia pool has a shallow end as well as the following elements in the deep end: Diving Board, Climbing Wall, Giant Slide, Platform, and Zip-Line ("Trolley"). These elements, along with Water Wars, are available to campers during camp's Free Swim as well as the many other pool times available to all campers throughout the term. Campers will participate in Swimming Lessons as one of thier scheduled activities!

Many of the risks involved in water activities stem from instances beyond our control: equipment problems, falls, wildlife, weather, ignoring of safety instructions, and other conditions or events inherent in water sports.

BLOBBING is long-time tradition at Olympia and is definitely a highlight for many campers! Blobbing is jumping from a platform and landing on a large inflatable (called a Blob), which is floating on the lake and anchored in position. At camp, we have two blobs for double the fun!

FREE SWIM at the Camp Olympia pool is the perfect time to cool off and have fun! The pool has many fun elements including a diving board, water slide, climbing wall, platform and trolley!

PADDLE BOARDING is a leisurely way to enjoy life out on the lake. Campers who take sailing as an activity will have the opportunity to paddle board, but others will have the opportunity to paddle board at some of our special camp events at the lake.

ROCKETING is riding a large inflatable pulled behind one of our ski boats. Rockets can hold up to 10 people at a time, so campers get to share in the excitement of this lake activity together. Hang on for an exciting ride!

SWIMMING LESSONS are required for campers ages 9 and under. Campers learn swim strokes and pool safety!

WATER SLIDING is available at both the pool and The Point! Our 100 foot water slide at The Point is a highlight for many campers as they slide from the top of the tall spiral staircase into the lake! Campers also enjoy the 60 foot long slide at the pool during Free Swim and other events at the pool.

ZIP LINE (TROLLEY) is a hit at the pool! Campers feel the wind through their hair as they descend from our 15 foot platform into the water! It is a great activity for campers to enjoy during Free Swim and other events at the pool.

WATER WARS is Camp Olympia's very own water balloon battle station next to our pool! Campers can pair up to shoot water balloons at their opponents or aim for the target to splash water on them!

15

EXTRA ACTIVITIES

Campers of all ages may experience these favorite activities outside of their individualized activity schedule!

The **Jump Pad** is an inflatable surrounded by grass that allows for up to 30 people to jump at once so entire cabins can have fun on it together. Of course, the potential for injury exists. No flips are allowed (aside from our monitored gymnastics and cheerleading classes) — just LOTS of jumping!

Mini Golf, O-O, Hammocking, and Sky-9 are fun activities that campers can enjoy during free time at camp!

SPECIAL EVENTS

Olympia offers many fun and exciting special programs and events, in addition to all of our great scheduled activity choices!

COOKOUT

What a fun night! SPARK campers are scheduled for one cookout during thier term. Olympia's main cookout site is located off of Caney Creek approximately two miles from main camp. Next to our cookout site is a screened structure should the need for shelter occur. The site is equipped with running water, electricity, and bathrooms. Campers and counselors are driven out to the cookout site where their meal has been cooked over a campfire. Of course, the meal always includes s'mores! This experience is designed for a feel of camping in the great outdoors and really promotes bonding with the other campers. During their cookout, campers and counselors participate in numerous games, including sports or tag in the open areas. Precautions are taken to ensure your camper's safety, but as with any activity in the great outdoors, risk of injury, minor or serious, is a possibility.

NIGHT GAMES

These activities offer great fun and excitement for our campers! Some night games may be programmed for your camper, such as a stealth game (where groups of campers and counselors try to make their way around camp without being detected) or a scavenger hunt. East Texas woods at night are intriguing and fun, but risks exist due to unforeseen obstacles or wildlife. Campers are reminded to use their insect repellent.

INFLATABLES

All SPARK campers will get to participate in at least one event with a variety of different inflatable elements set up on our courts and fields!

Camp Olympia's overall camping program changes continually to ensure a new and exciting program for each of our campers. Therefore, this information is not to be considered all inclusive and is not designed to limit the Olympia program in any way.

AVAILABLE UNDER ADDITIONAL OPTIONS

SPECIAL DELIVERY CARE PACKAGE

SPECIAL DELIVERY

Letters and care packages from family and friends make such a highlight in your camper's day.

Camp Olympia has designed a "SPECIAL DELIVERY" care package stuffed with loads of BIG FUN! Contents of package vary by age and gender and include a terrific assortment of unique toys and games. Special Deliveries are \$55.00 and are packed at camp by people who know your camper! One Special Delivery Care Package can be ordered for SPARK Week campers.

2023 YEARBOOK

FIND ME HERE!

2023 Yearbooks will be completed after summer and will include cabin photos, pictures from activities, nightly programs, and fun moments from each camp term. Yearbooks are \$50.00 each and will be mailed to you once published!

ACTIVITY PREFERENCE WORKSHEET

GET EXCITED TO MAKE YOUR ACTIVITY CHOICES!

Submit your activity choices by May 1st to have 25 merits added to your Merit Record!

- 1. Please use the worksheet below to help you choose your activities.
- 2. RANK your favorite activity choices 1 to 10 with number 1 being your favorite.
- 3. Submit your ranked choices online
 - Click the Parent Login button at the very top of our website
 - · Login with your email address and password
 - Go to your Forms Dashboard
 - Select Activity Preference
 - Rank your 10 choices and click "Save Preferences"
- 4. Fill out the Additional Options Form also located on your Forms Dashboard

SPARK ACTIVITY CHOICES

Arts & Crafts	Fishing	Soccer
Baseball	Football	Soccer
Basketball	Frisbee	
Board Games	Gymnastics	Swimming Tennis
Charm	Lacrosse	
Cheer/Dance	J-Journeys	Textile Arts
Drama	O-Sports	Track & Field

Your schedule will include 8 activity periods but we ask that you choose 10 to ensure you get your favorites.

Below is a worksheet to help you make your activity choices.

Once you have decided on the ranking of your choices, please complete the **ONLINE ACTIVITY CHOICE FORM**.

RANK	ACTIVITY	RANK	ACTIVITY
1 st	Swimming (required for all campers under 10)	6 th	
2 nd		7 th	
3^{rd}		8 th	
4^{th}		9 th	
5 th		10 th	

FORM: MEDICAL FORMS

This form can be found through your Parent Login within your Forms Dashboard!

IMPORTANT DETAILS Due — May 1, 2023

There are **three** documents that complete the medical information portion of the Parent Packet: the online <u>Health History Form</u> (through the Forms Dashboard), the <u>Parent Insurance Card</u>, and the <u>Physician's Examination Form.</u>

- 1. HEALTH HISTORY In completing your camper's Health History Form, you will need his/her immunization history, medications, health care providers, and health insurance. Once you begin the History Form, you will have the option to "Save for Later" for up to six weeks. A great feature to the online Health History Form is that, after you initially complete your camper's Health History Form, you will be able to review and update annually.
- 2. PARENT INSURANCE CARD Make sure to input your CURRENT medical insurance information in the space provided and check that it matches the copies of your insurance card that you provide. Include a readable copy of the front and back of your primary insurance card on the Parent Insurance Card Form.
- 3. PHYSICIAN'S EXAMINATION A Physician's Examination form, completed and signed by your physician within the last 12 months, is necessary to attend. Camp has provided a <u>Physician's Examination Form</u> within this packet. MyChart, or similar Well-Check report from your doctors office or a school/sports physical, signed by a doctor, will also be accepted.

Your camper will not receive their cabin assignment or be allowed to check-in at camp if we do <u>NOT</u> have all required forms.



HEALTH PRACTICES

Camp Olympia is committed to providing the best possible camping experience for YOU! We are doing our best to create a healthy, symptom-free environment for our campers. We are asking for all parents, campers, and staff to be aware of any medical condition or symptoms that could spread to members of our camp community.

Please do <u>NOT</u> bring your camper to camp if they are sick or exhibiting any symptoms including fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue, diarrhea, and/or vomiting. These symptoms are considered symptoms of Influenza-Like Illness (ILI). If your camper exhibits ILI symptoms prior to camp, please do <u>NOT</u> bring your camper to camp until he/she has been fever-free and symptom free for at least 24 hours without the aid of any fever-reducing medication.

Additionally, please contact Camp Olympia if you were exposed to any communicable disease within 7 days prior to your arrival. Upon arrival to camp, our medical staff will be screening for:

- Fever while a parent is present at camp
- Signs/symptoms of illnesses or injury
- · History of exposure to communicable disease
- . Haad lica

If your camper is found to have head lice, you will be given the option to pick-up your camper for treatment or Lice Clinics of America will provide treatment to your camper here at camp for \$250. Please be proactive and check your camper for head lice before his/her arrival to camp.

Please be aware that the incidence of bed bugs has affected the camping and hospitality industries. While we are proactive with inspections of our cabins, the possibility of bed bugs exists. We have an action plan in place for immediate extermination if they are detected or suspected. Keeping this possibility in mind, we recommend that families bag up campers' belongings for departure and, once home, wash all items and use the high heat setting on your dryer. If bed bugs are detected in your camper's cabin, you will be notified.

Please encourage your camper to follow good hygiene practices while at camp. Keeping hands clean is one of the best ways to keep from getting sick and spreading illnesses. It is important to wash hands with soap and water for 20 seconds. REMEMBER: If soap and water are not available, use an alcohol-based wipe or hand gel! There will be many available hand sanitizing stations around camp.

Additionally, we ask that you NOT share toiletry items such as hairbrushes, combs, toothbrushes, razors, and personal items such as hats and swimsuits.

FORM: PARENT INSURANCE CARDS

This form can be found through your Pa	arent Login within your Forms Dashboard!
Applicant's Name Term	Birth Date
PARENT INSURANCE CARDS	
PRIMARY INSURANCE - FRONT	PRESCRIPTION CARD - FRONT
Place your Medical Insurance card here FACE UP & Photocopy	Place your Prescription card here FACE UP & Photocopy
PRIMARY INSURANCE - BACK	PRESCRIPTION CARD - BACK
Place your Medical Insurance card here FACE DOWN & Photocopy	Place your Prescription card here FACE DOWN & Photocopy

Please make sure that the Insurance Cards you provide match the Insurance information you previously submitted on the Health History form.

THIS FORM IS REQUIRED. PLEASE COMPLETE AND SUBMIT FOR YOUR CAMPER TO ATTEND.

This form may be uploaded as a PDF in the Forms Dashboard.



723 Olympia Drive ★Trinity, Texas 75862 phone 936.594.2541 ★ fax 936.594.8143 campinfo@campolympia.com ★www.campolympia.com

FORM: PHYSICIAN'S EXAMINATION

]								
Applicant's Name					Term		Bi	rth Date	:		Male	Female
GAMPOLYMPIA D	HY:	SIC	AL	N'	SE	XA	M	INA	ATI	10	1	
This examination should Examination for some ot							is for do	tormining	fitness to	ongago i	o stronuou	s activity
			•					·			rstrendou	s activity.
Height Weight	Hea	art	Blood	Pressure	Hct/Hg	b Test (if a	appropriate) Urina	lysis (if app	ropriate)		
HEALTH ASSE	SSME	NT										
Please rate the following: V - Satisfactory	Eyes	Ears	Nose	Throat	Extremities	Glasses	Lungs	Genitalia	Abdomen	Hernia	Posture	Skin
X - Not Satisfactory O - Not examined												
O Not examined								Are all immu	ınizations up	to date?	Yes	
	Date of last	tetanus sho	ot						ling COVID-		N₀	
ALLERGIES												
List any allergies the												
applicant may have,												
including:												
Food Insects												
Medicine												
Seasonal/Environmental												
RESTRICTION	S											
List restrictions on the applicant at camp, including:												
Special Diets												
Current Medications												
Swimming/Diving Strenuous Activity												
MENTAL, EMO	OTION	IAL, 8	SOC	IAL F	HEALT	Н						
Are there any known iss	ues with	•										
1. Attention deficit disor	rder (ADE	D), attent	ion defic	it/hypera	activity dis	order (A	D/HD).					
oppositional defiance di				, ,	,				☐ Ye	s \square	٧٠ 🔲	Unknown
									_	. 🗀	% □	Unknown
2. Anxiety, depression,	_								Ш	, П.	" Ш	O I I I I I I I I I I I I I I I I I I I
3. Mental/emotional he								-			. —	
past 12 months?									Yes	, П,	۷۰ 📙	Unknown
4. A significant life ever											. —	
a loved one, family chan	ge, surviv	ed a disas	ter, etc.)	•					Yes	; '	۷۰ 📙	Unknown
Please explain "yes" ansv	vers in the	space be	low with	question	number(s)	noted:						
												l

FORM: PHYSICIAN'S EXAMINATION

Applicant's Name	Term	Birth Date	Male Female
PHYSICIAN	Y'S EXA	MINATI	ON
GENERAL APPRAISAL			
Please address any concerns from your assessment:			
I have examined the person herein described and have rev It is my opinion that this person is physically able to enga		t as noted above.	
I examined the applicant today \prod_{N}^{γ} If no, date of ex	amination		-
// / LIN, seece en en			
Name of Doctor Sig			Data
Name of Doctor Sig	nature		Date
Contact information			



THIS FORM IS REQUIRED. PLEASE COMPLETE AND SUBMIT FOR YOUR CAMPER TO ATTEND This form may be uploaded as a PDF in the Forms Dashboard.

723 Olympia Drive || Trinity, Texas 75862 phone (936) 594-2541 || fax (936) 594-8143 campinfo@campolympia.com || www.campolympia.com

FORM: CAMPER POLICY AGREEMENT

This form can be found through your Parent Login within your Forms Dashboard

Please indicate through the online form that you have read and agree to this Camper Policy Agreement below.

At Camp Olympia, we're sold on the value of camping! The real life experiences that camping provides cannot be matched. As we offer a program promoting adventure, challenge, fun, and growth to people of all ages, we want to help teach our campers responsibility. In order to create a positive and fun community for all, campers must accept consequences for their choices and actions that can hinder the Olympia experience for other campers and staff members. Any camper dismissed for disciplinary reasons will not be invited to attend camp the following year.

The physical, mental, and spiritual growth of every person at Olympia is important. We want people to leave Olympia with more esteem for God, others, and themselves, and to feel positively challenged to work and plan for a successful life. Our program and facilities have been designed with the positive growth of people in mind. We want everyone who enters our "Positive Zone" to have a positive, fun, and memorable experience at Olympia.

Our Code of Conduct policies are important to help create a harmonious community where everyone is a part of the Olympia family. We believe that these policies will contribute importantly to producing a quality camp experience where your camper and others at camp can have an O-mazing summer. Camp Olympia requires that every parent and camper thoroughly read, understand, and agree to abide by our camper policies. It is important to discuss this agreement carefully with your camper(s).

This Camp Policy Agreement is an online form that requires a digital signature from both the camper and parent. Please login to the Forms Dashboard to access the online Camper Policy Agreement Form.

CAMPER CODE OF CONDUCT AGREEMENT

- 1. I will not, at any time, be in possession of tobacco products, e-cigarettes/vapes, Juuls, drugs, alcohol, or any illegal substance. I understand that if any of these items are found on me or with my belongings that they will be assumed to be mine unless I can prove otherwise.
- I will not, at any time, go into the cabin of the opposite sex for any reason whatsoever, nor will
 I go through cabin areas of the opposite sex without authorization from a counselor or staff
 member.
- 3. I understand that for my safety, it is important for a counselor to know my whereabouts at all times, and therefore, I will not leave my cabin group, cluster, activity, or camp programs/ events without approval in order to meet up with others.
- 4. I will keep myself from physical conflicts/fights at camp.
- 5. I will not be a part of any form of bullying physical, verbal, or relational. (Bullying covers a wide spectrum of actions and language, and it is Camp Olympia's discretion to apply appropriate disciplinary action based on the severity of a camper's bullying.)
- 6. I understand that profanity and vulgarity have no place at camp.
- 7. I will not damage Camp Olympia property or the property of others. This includes my cabin, cluster, and all other camp buildings.

CAMPER POLICY AGREEMENT

8. I understand the Camp Olympia dress code and agree to abide by the guidelines in order to help prevent injuries or embarrassing situations. The dress code is as follows:

In keeping with a wholesome safe environment, we encourage all campers to wear well-fitted, appropriate clothes, shoes, and swimwear. Camp is a very active environment, and at times boys and girls will be participating together in activities.

Swimwear should provide complete coverage, fasten securely, and be designed for active wear. We encourage female campers to wear a one-piece swimsuit, however two-pieces are allowed if they have only one tie accompanied by another fastener. (Triangle bikini tops and bottoms that tie are prohibited.) Also, swim shorts are required when participating in lake activities such as blobbing, rocketing, and wakeboarding/waterskiing. Dark colored sports bras provide adequate coverage and support, and therefore, are acceptable tops for water activities. However, in all land activities, a tank-top or t-shirt needs to be worn over a sports bra or swimsuit.

Tank tops and sleeveless shirts should fit appropriately and not have large, gaping arm holes that hang down past a sports bra or to the middle of the ribs. Shorts should be of a modest length. Closed-toe shoes are needed for all land activities, and lake shoes are recommended for our lake activities.

Our staff reserves the right to ask campers to change clothes or put on additional clothing if deemed not appropriate for the active, co-ed camp environment.

- 9. I understand that to fully appreciate the Camp Olympia experience, which involves interacting with my cabin mates and gaining independence, I will not bring my cell phone, Apple Watch, smart watch, iPad, or iPod/MP3 Player with me to Camp Olympia. Camp Olympia has the right to take up these items if found, as they are not allowed at camp. If they are taken up, Camp Olympia does not assume responsibility for these items.
- 10. I understand that it is a privilege to bring my digital camera to camp. With this privilege comes responsibility in taking appropriate pictures. I will only take pictures during times that are deemed appropriate by staff, such as all camp events, and I will NOT take any pictures in the cabin or bathroom. I also agree that shooting any video with my camera is not allowed. I understand that using my camera in an inappropriate manner will result in my camera being taken up and returned on closing day and may result in my dismissal from camp. I also understand that filming video and/or bringing video cameras/GoPros is not allowed at camp.
- 11. Finally, I understand that the consequences of not abiding by any of the above mentioned policies may result in immediate dismissal from camp and jeopardizes the opportunity to return to camp in the future. In addition to these stated camper policies, I understand that I may be dismissed from camp for any conduct that negatively affects the camp experience for another camper or reflects unfavorably on Camp Olympia.

CAMPER POLICY AGREEMENT

SOCIAL NETWORKING POLICY

We have always taken the safety and well-being of our campers -your children- very seriously. After all, giving your children over to the care of other people is perhaps the greatest act of trust in which you as a parent can engage. We aim to do everything we reasonably can to earn and keep that trust. We also know we cannot do this without your help. With more and more children using the Internet, cell phones, and other technologies at younger ages, we appeal to you as parents to partner with us as child advocates to ensure that your children continue to have the safest, most wholesome childhood experience as possible. We would encourage you not only to consider the following in relationship to camp, but for your family as a whole since your children are exposed to a variety of people everyday.

At Camp Olympia, our pledge is to put your children in the company of the most trustworthy and appropriate young adults we can hire—counselors who are well-suited to the task of caring for campers. The effort we put into screening and selecting our staff is part of that pledge. During camp, our staff works with your child in the context of a visible, well scrutinized community that has many built-in checks and balances. Counselors are supervised by senior staff and are guided by clear, firm policies regarding behavior. Their actions are also visible to a community full of co-workers and campers. Our staff is hired for the camp season and is under contract at that time. After camp we cannot take responsibility for their off-season behavior since we cannot supervise it. It is the responsibility of the parent to interview and research any staff member if you want to hire him/her as a baby-sitter, nanny, or child companion outside of camp. We have great young people working at Olympia, but we want you to be an informed decision maker regarding contact between staff and campers outside of camp.

We recognize that campers and counselors develop close, trusting relationships with one another at camp and that these relationships are healthy, wholesome, and beneficial to campers and staff alike. We are aware that many campers will naturally want to keep in touch with their favorite counselors after camp. With new technologies and social networking capabilities, it is easy for campers to track down counselors outside of camp and to communicate with them. We want you as parents to be aware of this.

Therefore, our recommendation is simply for you as parents to be aware of your child's online activities, including social media (Facebook, Twitter, Instagram, Snapchat, TikTok etc.), instant messaging, video websites (ex., YouTube), apps and email. Also, be aware of phone activities including calls, text messages, and video chats through Zoom and other services. Supervise your child's phone and computer use as you would any other aspect of his/her life in your home. Likewise, we request that you as a parent or legal guardian talk with your child about what contact information you would allow them to exchange with a camp staff member or other campers. In sharing contact information with a staff member or camper, you understand that you accept full responsibility for overseeing whatever contact occurs as a result.

We want to partner with you, the parent, in keeping children safe by being proactive in communicating our policies and offering advice on how to address this important topic with your child.

PERMISSION TO ATTEND, RELEASE, AND INDEMNITY

CAMP OLYMPIA PERMISSION TO ATTEND, ASSUMPTION OF RISK, AND RELEASE

NAME OF PARTICIPANT(S): (print)	
PARENT/GUARDIAN NAME(S):(print)	

I hereby request that my child be accepted to attend Camp Olympia. I am aware that during my child's stay at Camp Olympia, my child will be participating in many physical activities and may encounter certain risks and dangers. These risks and dangers include, but are not limited to, serious bodily injury or death due to the hazards of being in a wilderness area, the forces of nature, and other risks and dangers because of the activities offered, and the nature of the grounds and facilities, at Camp Olympia. I am aware that Camp Olympia is located on a lake and has a swimming pool on the premises, and that my child will have the opportunity to participate in aquatic activities, including, but not limited to, swimming, boating, canoeing, and any other activity arranged for my child. I am aware that Camp Olympia offers challenge course activities with high elements up to 35 feet high for which a belay system is used as well as low elements approximately three feet high for which ground spotters are used. I am also aware that Camp Olympia offers other activities including, but not limited to, team and individual sports, miscellaneous games, archery, riflery, horseback riding, and all aspects of camping. Furthermore, I am aware that my child will be interacting with individuals from all around the world, and although certain precautions will be taken to ensure the health of all campers, Camp Olympia cannot guarantee my child will not be exposed to certain viruses, bacteria, and other potentially dangerous diseases. I understand it is my sole responsibility to decide on and implement any activity restrictions which I deem necessary for my child's personal welfare and safety. I understand that Camp Olympia will be filming and taking photographs during the camping term which will include my child, and that Camp Olympia might use such filming and photographs in promotional materials. Individually and on behalf of my child, I consent to my child being filmed and photographed and to use such filming and photographs for promotional purposes. I hereby give my permission for my child to ride in camp buses and vehicles.

AS ADDITIONAL CONSIDERATION FOR MY CHILD BEING PERMITTED TO ATTEND CAMP OLYMPIA AND PARTICIPATE IN ANY OF THE ACTIVITIES OFFERED BY CAMP OLYMPIA, I, INDIVIDUALLY AND ON BEHALF OF MY CHILD, HEREBY RELEASE, DISCHARGE, INDEMNIFY, AND HOLD HARMLESS CAMP OLYMPIA, INC., CAMP MANAGEMENT, INC., CAMP MANAGEMENT FOODS, INC., WP REALTY, L.P. DBA WHISPERING PINES GOLF CLUB, OLYMPIA REALTY CORPORATION, THE SPIRIT GOLF ASSOCIATION AND RC HILLCREST, L.P., AND THEIR RESPECTIVE SHAREHOLDERS, DIRECTORS, OFFICERS, EMPLOYEES, AGENTS AND REPRESENTATIVES (ALL SUCH ENTITIES AND INDIVIDUALS BEING REFERRED TO COLLECTIVELY HEREINAFTER AS THE "RELEASED PARTIES") FROM ANY AND ALL LIABILITY TO ME FOR LOSS OR DAMAGE ON ACCOUNT OF INJURY TO MY CHILD OR MY PROPERTY AND ANY AND ALL COSTS AND EXPENSES, INCLUDING WITHOUT LIMITATION ATTORNEY'S FEES, WHETHER CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE (WHETHER SOLE, JOINT OR CONCURRENT) OR GROSS NEGLIGENCE OF THE RELEASED PARTIES, AS A DIRECT OR INDIRECT RESULT OF MY CIDLD'S ATTENDANCE AT CAMP OLYMPIA AND/OR MY CIDLD'S PARTICIPATION IN ANY OF THE ACTIVITIES OFFERED BY CAMP OLYMPIA. I have read and voluntarily signed this Release and Indemnity, and I further agree that no oral representations, statements or inducements apart from the foregoing written agreement have been made. I understand this document includes a full and final release and indemnification of all claims.

PARENTS' AUTHORIZATION TO PROVIDE NECESSARY TREATMENT:

I hereby give permission to the medical personnel selected by the camp director to order X-rays, routine tests, treatment, to release any records necessary for insurance purposes, and to provide or arrange related transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician to hospitalize, secure proper treatment for, and order injection, anesthesia, or surgery for my child. I understand the information on this form will be shared on a "need to know" basis with camp staff. I agree to provide health history that is correct and complete as far as I know, and my child has permission to engage in all camp activities except as noted. I give my permission to photocopy all forms related to health history and medical treatment. In addition, the camp has permission to obtain a copy of my child's health record from providers who treat my child, and these providers may talk with the camp staff about my child's health status. I acknowledge and understand that the cost of any such medical care is my financial responsibility. I have read and understand the foregoing terms and conditions, including without limitation the release provision, and knowingly agree to each and every term and condition.

PERMISSION TO ATTEND, RELEASE, AND INDEMNITY

I have read and voluntarily signed this Release and Indemnity, and I further agree that no oral representations, statements or inducements apart from the foregoing written agreement have been made. I understand this document includes a full and final release and indemnification of all claims.

PARENTS' AUTHORIZATION TO PROVIDE NECESSARY TREATMENT:

I hereby give permission to the medical personnel selected by the Camp Director to order X-rays, routine tests, treatment, to release any records necessary for insurance purposes, and to provide or arrange related transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician to hospitalize, secure proper treatment for, and order injection, anesthesia, or surgery for my child. I understand the information on this form will be shared on a "need to know" basis with camp staff. I agree to provide health history that is correct and complete as far as I know, and my child has permission to engage in all camp activities except as noted. I give my permission to photocopy all forms related to health history and medical treatment. In addition, the camp has permission to obtain a copy of my child's health record from providers who treat my child, and these providers may talk with the camp staff about my child's health status. I acknowledge and understand that the cost of any such medical care is my financial responsibility. I have read and understand the foregoing terms and conditions, including without limitation the release provision, and knowingly agree to each and every term and condition.

Date	Signature of Parent/Legal Guardian
Date	Signature of Parent/Legal Guardian
Date	Signature of Witness