



## CAMP OLYMPIA PARENT PACKET



### 2019 SPARK Dates

Spark Week 1: June 16 - June 22

Spark Week 2: July 7 - July 13

723 Olympia Drive • Trinity, TX 75862 • (936) 594-2541 • (936) 594-8143 (fax)

[www.campolympia.com](http://www.campolympia.com)



Dear Camp Olympia Parents,

Summer is right around the corner, and we are so thrilled to have you and your family come through our gates! Before all the fun can begin, there is important information and required forms in this packet that will help you get ready for the best summer ever! We encourage you to use this “Parent Packet” as a resource, but complete all required online forms by logging in to the Forms Dashboard from our website. Please take time to review the list of forms below, their deadlines, and how to complete them. Remember, if we have your camper’s Activity Sheet and Medical Forms by the deadline, your camper will be awarded 25 MERITS for each... and MERITS are a big deal with campers! **In order for your camper to receive his/her cabin assignment, we must have his/her full tuition and all required forms on file.**

We strongly suggest making an appointment now with your camper’s physician for the camp physical or bringing your Health History and Physical Examination forms to your camper’s next doctor’s visit for completion. We can’t wait for you to be here in just a few months! LET’S GO!

Campfully,  
Camp Olympia Staff

#### ONLINE FORMS DASHBOARD

The “[PARENT LOGIN](#)” link is found at the very top of our website, [campolympia.com](#).

Once you log in to your account, you will be able to view:

- Forms Dashboard — Complete forms online and print important documents for the summer.
- Update Addresses/Phone Numbers — Review and update contact information.
- Financial Management — Review and update your financial information for tuition and other payments to camp.
- Camp InTouch Online Community — View photos, send emails to your camper, and read daily news during the summer.
- Login Details — Change your e-mail or password.

#### REQUIRED FORMS

#### DUE DATE

#### TO COMPLETE

Activity Information	April 15	Online - <a href="#">Forms Dashboard</a> link (Reference - <a href="#">pages 18-20</a> )
Physician’s Examination	May 1	Paper form in the “Parent Packet*” - <a href="#">page 11</a>
Parent Insurance Card	May 1	Paper form in the “Parent Packet*” - <a href="#">page 12</a>
Permission to Attend, Release, and Indemnity	May 1	Paper form in the “Parent Packet*” - <a href="#">page 21-22</a>
Camper Personal Information Sheet	May 1	Online - Forms Dashboard
Camper Policy Agreement	May 1	Online - Forms Dashboard
Health History	May 1	Online - Forms Dashboard
Parental Authorization for Camper Pickup	May 1	Online - Forms Dashboard

#### OPTIONAL FORMS

#### DUE DATE

#### TO COMPLETE

Special Delivery	May 1	Paper form in the “Parent Packet*” - <a href="#">page 25</a>
Travel	May 1	Online - Forms Dashboard

\*Completed paper forms may be uploaded as a PDF in the Forms Dashboard.

**TUITION PAYMENTS are due by May 1** — Invoices will be sent in April.

Stay in touch with camp throughout the year!



[facebook.com/CampOlympia](#)



[campolympia1968](#)



[campolympia1968](#)



[youtube.com/mycampolympia](#)



## We want to welcome you to the Olympia family!



We have been the Boys' and Girls' Camp Directors at Camp Olympia for over fifteen years. Being parents ourselves of two campers, we know you will be entrusting us with your most precious possession and we do not take that responsibility lightly. We are committed to providing the best possible camping experience for your child. We love camp and the benefits that it gives to children. Camp Olympia is a special place where children learn responsibility and cooperation, as well as gain independence and self-esteem. Camp builds character and values in children that help them achieve success in life.

We understand how important it is for you to be a part of your child's camping experience. Each day, we will write an update called "The Camp Connection" and post it on our website so you can stay connected with what is going on at camp. Also, we will post over 100 pictures online each day to bring home the excitement of camp to you. In this packet, we want to share with you information to help you prepare for camp as well as answer the specific questions parents ask most often. However, if you have further questions, please don't hesitate to call at 936.594.2541 or send us an email: [mmauldin@campolympia.com](mailto:mmauldin@campolympia.com) or [cmauldin@campolympia.com](mailto:cmauldin@campolympia.com). We'd love to hear from you.

Campfully,

*Michelle and Cody Mauldin*

### Our Mission:

*Camp Olympia is dedicated to having fun together,  
helping people grow in body, mind and spirit.*

We believe it is of the utmost importance that you know our values. Below are descriptions of the key words from our mission statement.

***Dedicated.** We're sold on the value of camping. The real life experience that camping provides cannot be matched for educational value. Preservation of this opportunity for future generations is a must. As we offer a program promoting adventure, challenge, fun, and growth to people of all ages, we will continue to affirm the value of camping and its many benefits.*

***Fun.** Fun keeps people coming back for more. We want our facility and program to be enjoyable for everyone who comes through our gates. We create a family atmosphere where FUN begins as an attitude and becomes a way of life. At Olympia, fun is second only to safety.*

***People.** There is nothing of greater value than human life. We consider safety our top priority in evaluating, planning, and programming for any individual or group at Camp Olympia.*

***Grow.** The physical, mental, and spiritual growth of every person at Olympia is important. We want people to leave Olympia with more esteem for God, others, and themselves, and to feel positively challenged to work and plan for a successful life. Our program and facilities have been designed with the positive growth of people in mind.*

***Body.** We encourage physical activity and new challenges throughout our daily schedule, allowing time to rest and reflect on the day's events.*

***Mind.** We provide a safe haven for working through real life situations and resolving conflict with the help of peers and counselors.*

***Spirit.** Growth at Camp Olympia is encouraged daily with a wholesome Christian atmosphere, and non-denominational Christian Vespers are offered on Sundays.*





## The Olympia Summer Team

Camp Olympia is blessed with an outstanding year-round staff. These are the directors that plan and prepare for your child's camp experience. They are part of the Camp Olympia family because they believe in camping and its benefits for children. Feel free to contact any of these individuals about any aspect of camp. They would be more than glad to help you and your camper.



**Debbie Stubblefield**

**Debbie Stubblefield** is the Administrative Director for Camp Olympia. Starting at Olympia when she was seven, she experienced many great years as a camper and counselor before joining the full-time staff in 2004. Her husband, David, is a Camp Olympia alumnus, and her two sons are also Olympia campers!

[dstubblefield@campolympia.com](mailto:dstubblefield@campolympia.com)



**Carey Faber**

**Carey Faber** has been with Olympia for 12 years, joining us as a year-round Assistant Director in 2017. Carey is part of our media team, overseeing our videography department. He is also head of our challenge course and is in charge of our puppies in training program. Carey organizes tours at camp and several of our special event weekends during the school year.

[cfaber@campolympia.com](mailto:cfaber@campolympia.com)



**Madison Flowers**

**Madison Flowers** started at camp as an intern in 2016. She then joined our year-round staff as an Assistant Director in the summer of 2017. Madison is in charge of our horseback program and our Jr. Golf Academy. She also oversees all of our nightly programs and Sunday Vespers. During the school year, Madison recruits our summer staff and plans several of our special event weekends.

[mflowers@campolympia.com](mailto:mflowers@campolympia.com)



**Stefanie Faber**

**Stefanie Faber** is Olympia's Assistant Director in charge of activity scheduling, as well as head of the Camp Leadership Program (CLP). During the school year, she coordinates all of our Merit Parties in various cities. Stefanie joined the year-round staff in 2017, previously being a counselor, CLP leader, and summer assistant director for 9 summers.

[sfaber@campolympia.com](mailto:sfaber@campolympia.com)



**Nick Deckert**

**Nick Deckert** is an Assistant Director in charge of our waterfront, where he oversees our boats and extensive lake activities. He is also head of our O'Crew program. During the school year, Nick spends a lot of time on the road recruiting our awesome summer staff. He started at Olympia as a counselor in 2013 and worked with every age group before joining our year-round staff in the summer of 2017.

[ndeckert@campolympia.com](mailto:ndeckert@campolympia.com)



**Madison Hann**

**Madison Hann** is in charge of the camp pool as well as many of our activities. She leads our photography team and assists with our year-round marketing efforts. She also coordinates all of our summer transportation. Madison has been part of the Olympia family most of her life as a camper, counselor, summer Assistant Director, and intern before joining us as a year-round Assistant Director in 2018.

[mhann@campolympia.com](mailto:mhann@campolympia.com)



**Jordan Jefferys**

**Jordan Jefferys** is our Billing Coordinator, handling billing for camp, retreats, and our Outdoor Education program. Jordan has been part of the Olympia family for 15 years. She was a camper, counselor, and summer Assistant Director before joining us year-round this year. With all of her camp knowledge, Jordan also helps manage our parent communication during the summer, conducts camp tours and help with merit parties and special events.

[billing@campolympia.com](mailto:billing@campolympia.com)



# Information Parents Want to Know

## Opening Day Arrival

Camp's opening days are on Sundays! **Our gates open by 2:00 PM** (except for Term 2B when the gates open at 12:30 PM), please arrive between 12:30 PM and 1:00 PM. Be sure to participate in our fun Car Decorating Contest so your camper can earn extra merits!

Upon arrival, you will be greeted at your vehicle, where we ask that you provide our staff with your check-in pass. The pass will be sent to you by email approximately a week prior to opening day. Staff members will also take your camper's temperature at that time. Then, staff members will direct you to your camper's cabin and help you unload your camper's belongings. After moving your camper into his/her cabin, you are encouraged to stop by our Welcome Area in front of our Chow Hall to talk with our Directors and pick up a copy of your camper's activity schedule. The Nurses' Station will also be open if you need to drop off any medication or speak with one of our nurses. You may also want to visit our newly expanded Country Store to shop for any last minute camp gear or any items you would like delivered to your camper during his/her stay at camp.

Bus transportation is a convenient way for your camper to arrive to camp and is encouraged. Air-conditioned, chartered buses are provided from two Houston area locations to camp. Due to the cost of the charter service, we must have fifteen (15) campers register for transportation for each location in order to provide the service. If we need to cancel the bus service due to lack of interest, we will do so seven (7) days prior to the camp session. More details regarding transportation is in the Bus and Airport Transportation Information section of this packet and the Travel form is located in the Forms Dashboard. Buses are scheduled to arrive at camp between 3:00 PM and 4:00 PM. When the buses arrive at camp, a staff member will contact you to let you know that your camper has arrived safely.

## Closing Day Departure

Each term's Closing Day is on a Saturday! Our gates will be open from 10 AM to 11 AM.

When you arrive, you will be stopped by staff members on the main camp road and be required to show identification. Your identification will be cross-checked with the approved names you listed on the Parental Authorization for Camper Pickup form (found within the online [Forms Dashboard](#)), which indicates who you have specified to be allowed to pick up your camper.

Staff members will direct you where to park and, weather permitting, the boys will be waiting on the football field and the girls on the soccer field. Their belongings will be on the fields with them. We encourage you to stay for the special Closing Day Program, along with lunch, which will take place in the Chow Hall beginning at **10:45 AM**.

You are encouraged to reserve your camper's spot for 2020 by signing up to be an Early Bird at our Welcome Area outside of our Chow Hall. Being an Early Bird is a big deal! Your camper will receive 50 merits and his/her Early Bird t-shirt. If signing up for a two or three week term, your camper will get to attend our Early Bird Party at camp in 2020.

Don't forget to stop by and shop at our popular Country Store after you pick up your camper! The Country Store is located inside the bottom of the O'Dome.

## Parent Contact Information

Please confirm the accuracy of the parent contact information listed in our system by logging in via the Parent Login button on our camp website and accessing the Update Addresses/Phone Number link. For divorced families, please include contact information for the parent(s) who have custody of the camper. Please contact the camp office at 936-594-2541 or [campinfo@campolympia.com](mailto:campinfo@campolympia.com) with any questions or concerns.

Camp's closing day procedure is to check identification and then release the camper only to the parent/authorized adult noted on the Parent Authorization for Camper Pickup form found within the online [Forms Dashboard](#). **You must also identify on this Parent Authorization for Camper Pickup form if a particular parent/guardian is NOT to pick up your camper on closing day due to custody reasons.**

## Medical Care

We have two registered nurses on site during each term. They treat minor illnesses and injuries, provide a little TLC, and decide who needs to see the doctor in Trinity. Depending on the attention needed, campers may be taken to an urgent care or hospital in Huntsville, which are approximately thirty-two miles from camp. You will be contacted if your camper needs outside medical attention. It is an American Camp Association accreditation standard and a Camp Olympia policy!

Please encourage your camper to communicate with his/her counselors if he/she feels ill while at camp. Campers feeling ill will be taken to the Nurses' Station and evaluated. If your camper exhibits symptoms of a contagious illness, he/she will be quarantined in the Nurses' Station. If it is determined that your camper has influenza-like symptoms, parents will be contacted so arrangements can be made for the camper to go home until no longer contagious and is fever-free for a minimum of 24 hours.

Parents are responsible for any doctor, hospital, and/or pharmacy charges that might be incurred by their camper from illness or injury.



# Information Parents Want to Know

**Your child will not be allowed at camp unless his/her Medical Forms have been completed and received.** The Physician's Examination form must be signed by Licensed Medical Personnel and the examination should be performed within 12 months of arrival to camp.

**Your camper will not receive his/her cabin assignment, check-in pass, or be allowed to ride on any camp arranged transportation until all required forms have been received by camp.**

## Cabin Assignments

Cabins at camp are assigned by sex and age with cabins grouped into clusters (SPARK, Junior or "J", Intermediate or "I", Senior 1 and Senior 2 clusters.) If you have a cabinmate request, we ask for you to submit it via email to [campinfo@campolympia.com](mailto:campinfo@campolympia.com) by May 1, if you did not already note it on your camper's application. Please limit your cabinmate request to one camper. We do not guarantee cabinmate requests, though we do our best if the requested campers are close in age. Cabin assignments will be emailed to you approximately 10 days prior to the start of your term if your camper tuition has been paid in full and all of your camper forms have been submitted.

## Regarding Phones

We want to create an unplugged environment for our campers while at camp. Campers do not have access to a phone and are not permitted to bring cell phones to camp. Instead, campers are encouraged to write home as often as possible. In fact, you will receive mail from one of your camper's counselors during the term. Please feel free to call and talk with our staff or your camper's counselor at any time for information, concerns, or suggestions about your camper's stay. When requesting to speak with a counselor, a message will be taken and the call returned at a specific time. You can reach us by phone at 936.594.2541 or by email at [campinfo@campolympia.com](mailto:campinfo@campolympia.com).

## Food

Camp Olympia takes pride in providing healthy and delicious meals for children to enjoy. Our well-balanced meals offer several food choices. Campers are encouraged to drink a lot of water and to eat salad and fruit at meals. Please indicate any allergies or dietary needs on the Medical Form within the online Forms Dashboard

and on the Physician's Examination Form included later within this Parent Packet. If needed, one of our Chow Hall Managers can meet with you prior to Opening Day to discuss your specific dietary needs.

## Mail Call + Package Info

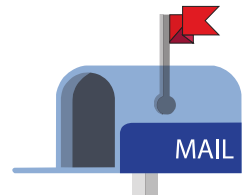
Mail Call is one of the highlights of the day! Campers enjoy receiving letters and postcards from their family and friends. However, please note that we have a NO OUTSIDE PACKAGES POLICY so parents and friends are asked NOT to send OUTSIDE PACKAGES to camp.

Any package will be returned to sender. If there is a special need or birthday, please contact the office at 936-594-2541 or [campinfo@campolympia.com](mailto:campinfo@campolympia.com). Please help us in notifying other family members and friends of this policy. Camp Olympia will continue to offer its Special Delivery Care Packages with the option to buy up to two care packages for your camper while at camp. Information for ordering one of these fun, camp approved packages is found on page 31 of this Parent Packet.

**We encourage you to write your camper frequently.** Your camper will enjoy receiving cards and emails. Camp Olympia allows you to email your camper during his/her stay at camp free of charge.

*Log in to your CampInTouch account and click the "Email" link under the "Online Community" heading. From there, you have the option to send a text-only email to your camper for free.*

Please remember mail is not delivered on Sunday.



CAMP OLYMPIA  
723 OLYMPIA DRIVE  
TRINITY, TX 75862

## Vacationing Parents

Please leave your address and phone number if the need arises for us to reach you. If you have additional names to be notified in case of an emergency, please leave this with the office. If you vacation out of the country, don't forget to make allowances for time delays in sending your camper mail.





# Information Parents Want to Know

## Country Store + Merit System

Our merit system works as an incentive rather than a disciplinary measure. It is based on the theory of logical consequence. Positive behavior results in a merit received; negative behavior results in a demerit taken. This system promotes a positive environment and encourages personal responsibility.

Campers can choose to save their merits, spend them on clothing, games, toys, etc. during their weekly trip to the Country Store, or donate a portion of them to our Camp Olympia Philanthropy Club, which benefits a children's charity each year. Money is only accepted in the store on Opening and Closing Days.

Visit our online [Camp Store](#) to purchase great Olympia gear prior to camp or while your camper is at Olympia! Though camp is not accepting outside packages, orders through the Country Store will be delivered to your camper. **We recommend no more than one order for the week.**

## Items to Leave at Home

To provide campers with the best camping environment we can, we ask that campers **NOT** bring the following items with them to camp: **money, candy, food items, guns, knives, firecrackers, silly string, radios, iPods/MP3 players, video cameras/GoPros, laptop computers, diffusers, iPads/Tablets/Kindles/Nooks, video game players, cell phones, Apple watches/smart watches, or hoverboards.** Also, we discourage bringing expensive clothing and jewelry or valuable equipment. Since Olympia takes over 100 photos daily, posts them online, as well as gives you an opportunity to purchase pictures of your child and his/her cabin, we recommend not bringing cameras to camp. Digital cameras that are brought to camp may only be used at designated times deemed appropriate by counselors. If not used in an appropriate manner, digital cameras may be taken up and returned to the camper on Closing Day.

## Pictures, Yearbooks and Video

Pictures of your camper will be available for sale and our 2019 "Let's Go" yearbook will be available to order near the Welcome Area on Closing Day. Camp Olympia reserves the right to use photographs and/or video of our campers for promotional purposes. Camp Olympia will be filming and taking photographs during the camping term. Unless otherwise notified in writing, Camp Olympia may use all camper photographs and/or videos in promotional materials.

Each day we will post over 100 pictures in a password protected area so you can see camp in action! Additionally, camp will create a video so campers can relive the best moments of the summer throughout the school year.

## NEW THIS SUMMER!

We are excited to let you know about a new additional photo delivery service, which will allow you to have all the photos of **your** camper delivered straight to your phone! No more searching through all of camp's photos for the day to find your camper.

This **optional** service, offered by Waldo Photos, uses facial recognition to find the photos of your camper. The photos will be sent to your phone via the Waldo App with notifications when new photos are found.



### To Enroll:

Text OLYMPIA19 to 735-343 and follow the prompts.

### Cost Per Camper:

1 Week Session: \$9.99

2 Week Session: \$14.99

3 Week Session: \$19.99

You can also scroll through and view all the photos for free on the Waldo Gallery here:

<https://waldo.photos/galleries>

Enter join code: OLYMPIA19



## Information Parents Want to Know

### *Cancellation Policy*

Camp Olympia requests that cancellations be made by written notice prior to April 1. If cancellations occur within seven days prior to your camp term, half of the tuition will be refunded. No deductions will be made for late arrivals or early departures. In cases where a camper is withdrawn upon doctor's orders, a refund of \$100 for each remaining day will be refunded upon request.

Camp Olympia reserves the right to dismiss any camper whose behavior is detrimental to other members of the camp community and reserves the right to not invite the dismissed camper back to camp. Any camper bringing illegal drugs, alcohol, cigarettes, e-cigarettes, Juuls, vapes, or smokeless tobacco to camp will be subject to dismissal. Any camper that leaves his/her cabin without a counselor or counselor permission after lights out will be dismissed from camp. Please refer to the Camper Code of Conduct for other conduct violations that could lead to a dismissal from camp and a refusal of future admittance. In the case of misconduct or rules violation, there will be no refund of camp fees.

### *Early Bird Sign Up*

To be considered an Early Bird, visit us at our Welcome Area in front of the Chow Hall on CLOSING DAY to sign up your camper for 2020! Being an Early Bird has advantages! Campers who sign up on Closing Day will secure their spot for 2020, earn 50 merits, receive their official Early Bird T-Shirt, and if signing up for a 2-week or

3-week term, have extra time at our Early Bird party during camp in 2020. Plus, we make signing up quick and easy for parents with our Visitor's Day Application. If your camper is taking transportation to the airport on Closing Day, our office will email you during the last week of your camper's term to give you the opportunity to sign up to be an Early Bird for 2020.

### *Until Next Summer*

We would love to hear about all of your special news and accomplishments throughout the year. We'll keep in touch with you with our camp newsletters, birthday merits, merit parties, emails from Merit, special events, and more!

Additionally, if you are on social media, we encourage you to Like our Camp Olympia Facebook page ([facebook.com/CampOlympia](https://facebook.com/CampOlympia)) and Follow us on Instagram (@campolympia1968) to stay up-to-date on all that is happening at camp all year long!

Did you know that we host merit parties during the school year? Our parties are FUN and an excellent opportunity to see camp friends, get merits, win a prize, and introduce your friends to the camp family. Don't miss out on all of the fun! Let us know if your family is interested in finding out more about the benefits of hosting a merit party.

We also have several Special Events at camp throughout the year, including our Family Camp Weekend, Mother/Daughter Weekend, Mom/Son Weekend, and Father/Son Weekend. Check out our website for dates and details on these Special Events and mark your calendar now!







# What to Bring to Camp

## Label Everything!

**Please label your camper's Full Name on everything brought to camp.**

Your camper's clothes will be laundered at least once during SPARK Week. FYI ... we discourage bringing expensive outfits, jewelry or equipment to camp. Below is a minimum suggested needs list.

Campers should bring their belongings to camp in a **FOOTLOCKER/TRUNK NO MORE THAN FOURTEEN INCHES TALL** in order to fit underneath your camper's bed. It is fine to pack some items in a labeled laundry or duffel bag.

1 Week	Needs List
2	laundry bags
6	towels (for showering and pool/lake use)
4	washcloths
1	pillow
2	sets of twin sheets (flat and fitted)
1	lightweight blanket
10	pair of socks
9	shorts
10	t-shirts / tanks
1	long sleeved shirt
9	underwear
2	pajamas
2	jeans/long pants
1	raincoat/poncho
1	lake shoes
2	pair of tennis shoes
1	shower shoes/flip-flops
3*	swimsuits
1	swim shirt
1	swim shorts
1	flashlight
1	cap or visor
1	insect repellent
1	sunscreen SPF 15+
2	<b>NOSE CLIPS</b>
1	<b>WATER BOTTLE</b>
7+	stationery/stamps
1**	shower caddy/toiletry bag for toiletry items**

\*(Girls: at least one swimsuit should be a one-piece)

- 9 -

## Dress Code

In keeping with a wholesome safe environment, we encourage all campers to wear well-fitted, appropriate clothes, shoes, and swimwear. Camp is a very active environment, and at times, boys and girls will be participating together in activities.

Swimwear should provide complete coverage, fasten securely, and be designed for active wear. We encourage female campers to wear a one-piece swimsuit, however two-pieces are allowed if they have only one tie accompanied by another fastener. (Triangle bikini tops and bottoms that tie are prohibited.) Also, swim shorts are required when participating in lake activities such as blobbing and rocketing.

Colored sports bras provide adequate coverage and support, and therefore, are acceptable tops for water activities. However, in all land activities, a tank-top or t-shirt needs to be worn over a sports bra or swimsuit. Tank tops and sleeveless shirts should fit appropriately and not have large, gaping arm holes that hang down past a sports bra or to the middle of the ribs. Shorts should be of a modest length. Closed-toe shoes are needed for all land activities, and lake shoes are recommended for our lake activities.

Our staff reserves the right to ask campers to change clothes or put on additional clothing if deemed not appropriate for the active, co-ed camp environment.

Your camper can help prevent injuries or embarrassing situations by arriving to each activity dressed appropriately.

## DO NOT PACK:

money  
candy  
food items  
guns  
knives  
firecrackers  
silly string  
radios  
iPods  
MP3 Players  
video cameras  
Go Pros  
iPads  
tablets  
Kindle  
Nooks  
laptop computer  
video game players  
cell phones  
Apple watches  
smart watches  
hoverboards  
diffusers

## \*\*

## REMEMBER TOILETRY ITEMS:

- Liquid Soap
- Shampoo
- 2 Toothbrushes
- Toothpaste
- Hairbrush
- Plus all other necessary toiletry items for your camper



## Shop our online Country Store

[campolympia.com/campstore](http://campolympia.com/campstore)

for your Camp Olympia gear!

*Please pack a WATER BOTTLE for your camper and discuss with him/her the importance of drinking lots of water each day.*

Please provide your camper with at least 2 nose clips for use during certain lake activities.



# Health History and Physician's Examination Form

## Important Details

*Due — May 1, 2019*

There are two documents that complete the medical information portion of the Parent Packet, the MEDICAL HEALTH HISTORY FORM and the PHYSICIAN'S EXAMINATION. The MEDICAL HEALTH HISTORY FORM is to be completed by parents online. The PHYSICIAN'S EXAMINATION is a paper form that must be completed by a physician.

- In completing your camper's Medical Health History Form, you will need their immunization history, medications, health care providers, and health insurance. Once you begin the Medical History Form, you will have the option to "Save for Later" for up to six weeks. A great feature to the online Medical Health History Form is that, after you initially complete your camper's Medical History Form, you will be able to review and update annually.
- Make sure to input your **CURRENT** medical insurance information in the space provided and check that it matches the copies of your insurance card that you provide.
- Licensed Medical Personnel should complete and sign the Physician's Examination Form.
- Make your appointment now for your camp physical and bring your Physician's Examination Form with you to your next doctor's visit for completion.
- Campers must have had a **physical within 12 months** of attending camp on opening day.
- If your camper's physical is scheduled after May 1st, please send written notice to Camp Olympia giving the date as to when the Medical Health History and Physician's Examination Forms will be completed.
- Include a readable copy of the front and back of your primary insurance card on the Parent Insurance Card Form.
- Your camper will not receive his/her cabin assignment, check-in pass, or be allowed to stay at camp if we do not have all required forms.

## Health Practices

Camp Olympia is committed to providing the best possible camping experience for YOU! We are doing our best to create a healthy, symptom-free environment for our campers. We are asking for all parents, campers, and staff to be aware of any medical condition or symptoms that could spread to members of our camp community.

Please do NOT bring your camper to camp if they are sick or exhibiting any symptoms including fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue, diarrhea, and/or vomiting. These symptoms are considered symptoms of Influenza-Like Illness (ILI). If your camper exhibits ILI symptoms prior to camp, please do NOT bring your camper to camp until he/she has been fever-free and symptom free for at least 24 hours without the aid of any fever-reducing medication.

Additionally, please contact Camp Olympia if you were exposed to any communicable disease within 7 days prior to your arrival.

Upon arrival to camp, our medical staff will be screening for:

- Fever while a parent is present at camp
- Signs/symptoms of illnesses or injury (including check of ears and throat)
- History of exposure to communicable disease
- Head lice

If your camper is found to have head lice, you will be given the option to pick-up your camper for treatment or Lice Clinics of America will provide treatment to your camper here at camp for \$190. ***Please be proactive and check your camper for head lice before his/her arrival to camp.***

Please be aware that the incidence of bed bugs has affected the camping and hospitality industries. While we are proactive with inspections of our cabins, the possibility of bed bugs exists. We have an action plan in place for immediate extermination if they are detected or suspected. Keeping this possibility in mind, we recommend that families bag up campers' belongings for departure and, once home, wash all items and use the high heat setting on your dryer. If bed bugs are detected in your camper's cabin, you will be notified.

Please encourage your camper to follow good hygiene practices while at camp. Keeping hands clean is one of the best ways to keep from getting sick and spreading illnesses. It is important to wash hands with soap and water for 20 seconds. REMEMBER: If soap and water are not available, use an alcohol-based wipe or hand gel! There will be many available hand sanitizing stations around camp.

Additionally, we ask that you NOT share toiletry items such as hairbrushes, combs, toothbrushes, razors, and personal items such as hats and swimsuits.

Applicant's Name

Session

Birth Date

☐ Male ☐ Female

# Physician's Examination

HEALTH FORM



This examination should be performed within 12 months of arrival at camp. Examination for some other purpose within this period is acceptable. Examination is for determining fitness to engage in strenuous activity.

Height

Weight

Heart

Blood Pressure

Hct/Hgb Test (if appropriate)

Urinalysis (if appropriate)

## Health Assessment

Please rate the following:

V – Satisfactory  
X – Not satisfactory  
O – Not examined

Eyes

Ears

Nose

Throat

Extremities

Glasses

Lungs

Genitalia

Abdomen

Hernia

Posture

Skin

Are immunizations up to date? ☐ Yes ☐ No

## General Appraisal

Please address any concerns from above.

## Allergies

List any allergies the applicant may have, including:

Food  
Insects  
Medicine  
Seasonal/Environmental

## Recommendations

List restrictions on the applicant at camp, including:

Special Diets  
Current Medications  
Swimming/Diving  
Strenuous Activity



Please mail completed form to:

Camp Olympia  
723 Olympia Drive  
Trinity, TX 75862  
Tel: 936.594.2541  
Fax: 936.594.8143

I have examined the person herein described and have reviewed the health history. It is my opinion that this person is physically able to engage in camp activities, except as noted above.

I examined the applicant today ☐ Yes ☐ No

Name of Doctor

Signature

Date

Contact Information



Or, this form may be uploaded as a PDF in the Forms Dashboard.



## Parent Insurance Cards

Applicant's Name

Term

Birth Date

- ☐ Male  
☐ Female

### PARENT INSURANCE CARDS

#### PRIMARY INSURANCE - FRONT

Place your Medical Insurance card here  
**FACE UP**  
&  
Photocopy

#### PRESCRIPTION CARD - FRONT

Place your Prescription card here  
**FACE UP**  
&  
Photocopy

#### PRIMARY INSURANCE - BACK

Place your Medical Insurance card here  
**FACE DOWN**  
&  
Photocopy

#### PRESCRIPTION CARD - BACK

Place your Prescription card here  
**FACE DOWN**  
&  
Photocopy

Please make sure that the Insurance Cards you provide match the Insurance information you previously submitted on the Health History form.

**THIS FORM IS REQUIRED. PLEASE COMPLETE AND SUBMIT FOR YOUR CAMPER TO ATTEND.**

This form may be uploaded as a PDF in the Forms Dashboard.



723 Olympia Drive ★ Trinity, Texas 75862  
phone 936.594.2541 ★ fax 936.594.8143  
campinfo@campolympia.com ★ www.campolympia.com





# Stay in Touch with Your Camper!

## Online Photos, Email and News!

### Have Fun with Your Camper!

Parents, you have an opportunity to experience what is going on at camp each day through our online photos, email and news!

There is no separate registration process or additional password to remember. **To log in**, click the “[Parent Login](#)” button found at the very top of our website, [campolympia.com.](#), then enter your Username and Password. Once you are logged in to your account, scroll down and you will see the Online Community options:

#### Email, News & Photos!

*Note: There is also a “Guest Accounts” option that allows you to add family members/friends to the account so they can be connected too. Follow the instructions on this “Guest Accounts” page for this feature.*

### News

Stay up-to-date with everything happening at camp during your camper’s stay! Each day, one of our directors will post “The Camp Connection” to inform you of the events occurring at camp!

### Email – Parent to Camper

Emailing your camper is a great way to get a letter to your camper quickly. **There is no cost to send plain text emails to your camper**; however, there are “Email Enhancements” that you may choose to include in your email, which do require the use of a CampStamp (see *CampStamp details on the next page*). The Olympia staff will print off your email to your camper and include it in the day’s mail distribution if the email arrives **prior to 11 AM**. Please note that your camper will not be able to send a reply email, nor have access to use a computer.

**Email Enhancements:** You can make your emails more fun for your camper. These “Enhancements” require the use of a CampStamp, which can be purchased from the Email screen.

- **SmartWords:** Add age-appropriate vocabulary words to your email (options: elementary, middle, SAT prep)
- **Sudoku:** Add a Sudoku game to your email (three levels of difficulty to choose from)
- **Email Stationery:** Choose from a variety of fun, digital stationery to further personalize your email
- **E-letter Reply:** Add a page of E-letter stationery so your camper can send back a handwritten letter. (See details for “E-Letter Replies”)

### Photos

You will have FREE, unlimited access to our password protected Photo Gallery. We try to have the prior day’s photos posted by noon the following day. This feature allows you to look through all of camp’s photos for the day and tag, download or purchase a print of the favorites photos of your camper. While you might not see your camper everyday, you are likely to see your camper’s smiling face several days during the term. Olympia will post **OVER 100 PHOTOS** online every day! Encourage your camper to get in front of the camp cameras!

### NEW THIS SUMMER!

We are excited to let you know about a new additional photo delivery service, which will allow you to have all the photos of your camper delivered straight to your phone! No more searching through all of camp’s photos for the day to find your camper.

This **optional** service, offered by Waldo Photos, uses facial recognition to find the photos of your camper. The photos will be sent to your phone via the Waldo App with notifications when new photos are found.



#### To Enroll:

Text OLYMPIA19 to 735-343 and follow the prompts.

#### Cost Per Camper:

- 1 Week Session: \$9.99
- 2 Week Session: \$14.99
- 3 Week Session: \$19.99

You can also scroll through and view all the photos for free on the Waldo Gallery here:

<https://waldo.photos/galleries>

Enter join code: OLYMPIA19



## Stay in Touch with Your Camper!

### *E-letter Replies*

E-letter Replies allow your camper to quickly respond to your emails or letters without using a computer. It is the fastest way for a camper to get a letter to you! *This service is particularly beneficial if you plan to travel while your camper is at camp or if standard mail from camp takes more than a day or two to arrive to your home.* Your camper writes a handwritten letter on a special bar-coded piece of stationery and turns it in with his/her cabin's mail. Our office staff will fax this bar-coded letter to the Camp InTouch system, where it will appear in your online account. You will receive an email alerting you when you have received an E-letter Reply, and you can then view the handwritten letter from your camper in your online account! This feature does require CampStamps to view the letters (see *CampStamp details*).

*In order to use the E-letter Reply feature, you can either:*

- 1) Send E-letter Reply stationery with your child to camp (Note: it does not cost anything to print the stationery so you will not have to commit to paying for something that your camper may not utilize.)
- 2) Attach E-letter Reply stationery to one of your emails by checking the checkbox "I would like a handwritten E-letter reply to this email." This checkbox is located just above the "Send Email" button within the Email page.

### *What are CampStamps?*

CampStamps are credits you can purchase to enhance communication with your camper. To add CampStamps to your account, click on the "CampStamps" link at the top of the Email page. Then, select "Buy More" to make your purchase. There is also an option to "Give Some" of your CampStamps. If you have created Guest Accounts for friends or family, you can give CampStamps to them.

**CampStamps are offered in the following packages:**

**10 for \$10**

**15 for \$14**

**20 for \$18**

**30 for \$25**

### **Cost in CampStamps**

- Plain text email to camper = 0 CampStamps
- SmartWords or Sudoku = 1 CampStamp
- Email Stationery = 1 CampStamp
- Send E-letter Reply Request = 0 CampStamps
- View E-letter Reply = 1 CampStamp

### *Important Tips*

- Stationery and other enhancements will not appear until you preview the email.
- Emails are limited to 50 printed lines. Stationery and word games further limit the number of lines you can type. Please make sure to add any stationery or word games BEFORE you start writing your email; if you do so after, you may have to shorten your message.
- CampStamps carry over from season to season, so any unused stamps will be available for future use.
- Please note that you must enter credit card information to purchase CampStamps. This CampStamps account is separate from your Camp Olympia account, and therefore, we are unable to use your card on file for this purchase.

### *Need Additional Help?*

Within each of the Email, News, and Photos pages, there is a "Help" link in the top right area. This "Help" section has answers to many of the most common questions. If you are unable to find an answer to your question, select the "Help Ticket" option and type in your question/issue to have a customer service representative respond.



# Camper Policy Agreement

At Camp Olympia, we're sold on the value of camping! The real life experiences that camping provides cannot be matched. As we offer a program promoting adventure, challenge, fun, and growth to people of all ages, we want to help teach our campers responsibility. In order to create a positive and fun community for all, campers must accept consequences for their choices and actions that can hinder the Olympia experience for other campers and staff members. Any camper dismissed for disciplinary reasons will not be invited to attend camp the following year.

The physical, mental, and spiritual growth of every person at Olympia is important. We want people to leave Olympia with more esteem for God, others, and themselves, and to feel positively challenged to work and plan for a successful life. Our program and facilities have been designed with the positive growth of people in mind. We want everyone who enters our "Positive Zone"

to have a positive, fun, and memorable experience at Olympia. Our Code of Conduct policies are important to help create a harmonious community where everyone is a part of the Olympia family. We believe that these policies will contribute importantly to producing a quality camp experience where your camper and others at camp can have an O-mazing summer. **Camp Olympia requires that every parent and camper thoroughly read, understand, and agree to abide by our camper policies.** It is important to discuss this agreement carefully with your camper(s). **This Camp Policy Agreement is an online form that requires a digital signature from both the camper and parent. Please login to the Forms Dashboard to access the online Camper Policy Agreement Form.**

## *Camper Code of Conduct Agreement*

1. I will not, at any time, be in possession of tobacco products, e-cigarettes/vapes, Juuls, drugs, alcohol, or any illegal substance. I understand that if any of these items are found on me or with my belongings that they will be assumed to be mine unless I can prove otherwise.
2. I will not, at any time, go into the cabin of the opposite sex for any reason whatsoever, nor will I go through cabin areas of the opposite sex without authorization from a counselor or staff member.
3. I understand that for my safety, it is important for a counselor to know my whereabouts at all times, and therefore, I will not leave my cabin group, cluster, activity, or camp programs/events without approval in order to meet up with others.
4. I will keep myself from physical conflicts/fights at camp.
5. I will not be a part of any form of bullying – physical, verbal, or relational. (Bullying covers a wide spectrum of actions and language, and it is Camp Olympia's discretion to apply appropriate disciplinary action based on the severity of a camper's bullying.)
6. I understand that profanity and vulgarity have no place at camp.
7. I will not damage Camp Olympia property or the property of others.



## Camper Policy Agreement

8. I understand the Camp Olympia dress code and agree to abide by the guidelines in order to help prevent injuries or embarrassing situations. The dress code is as follows:

In keeping with a wholesome safe environment, we encourage all campers to wear well-fitted, appropriate clothes, shoes, and swimwear. Camp is a very active environment, and at times boys and girls will be participating together in activities.

Swimwear should provide complete coverage, fasten securely, and be designed for active wear. We encourage female campers to wear a one-piece swimsuit, however two-pieces are allowed if they have only one tie accompanied by another fastener. (Triangle bikini tops and bottoms that tie are prohibited.) Also, swim shorts are required when participating in lake activities such as blobbing, rocketing, and wakeboarding/waterskiing.

Colored sports bras provide adequate coverage and support and, therefore, are acceptable tops for water activities. However, in all land activities, a tank-top or t-shirt needs to be worn over a sports bra or swimsuit. Tank tops and sleeveless shirts should fit appropriately and not have large, gaping arm holes that hang down past a sports bra or to the middle of the ribs. Shorts should be of a modest length. Closed-toe shoes are needed for all land activities, and lake shoes are recommended for our lake activities.

Our staff reserves the right to ask campers to change clothes or put on additional clothing if deemed not appropriate for the active, co-ed camp environment.

9. I understand that to fully appreciate the Camp Olympia experience, which involves interacting with my cabin mates and gaining independence, I will not bring my cell phone, Apple watch/smart watch, tablet, or iPod/MP3 Player with me to Camp Olympia. Camp Olympia has the right to take up these items if found, as they are not allowed at camp. If they are taken up, Camp Olympia does not assume responsibility for these items. \*I understand that there is one exception to this rule and that is if I am traveling to camp from the airport. I may travel with these items, but I am required to turn them in once I arrive at Camp Olympia.
10. I understand that it is a privilege to bring my digital camera to camp. With this privilege comes responsibility in taking appropriate pictures. I will only take pictures during times that are deemed appropriate by staff, such as all camp events, and I will NOT take any pictures in the cabin or bathroom. I also agree that shooting any video with my camera is not allowed. I understand that using my camera in an inappropriate manner will result in my camera being taken up and returned on closing day and may result in my dismissal from camp. I also understand that filming video and/or bringing video cameras/GoPros is not allowed at camp.
11. Finally, I understand that the consequences of not abiding by any of the above mentioned policies may result in immediate dismissal from camp and jeopardizes the opportunity to return to camp in the future. In addition to these stated camper policies, I understand that I may be dismissed from camp for any conduct that negatively affects the camp experience for another camper or reflects unfavorably on Camp Olympia.





# Camper Policy Agreement

## *Social Networking Policy*

We have always taken the safety and well-being of our campers –your children– very seriously. After all, giving your children over to the care of other people is perhaps the greatest act of trust in which you as a parent can engage. We aim to do everything we reasonably can to earn and keep that trust. We also know we cannot do this without your help. With more and more children using the Internet, cell phones, and other technologies at younger ages, we appeal to you as parents to partner with us as child advocates to ensure that your children continue to have the safest, most wholesome childhood experience as possible. We would encourage you not only to consider the following in relationship to camp, but for your family as a whole since your children are exposed to a variety of people everyday.

At Camp Olympia, our pledge is to put your children in the company of the most trustworthy and appropriate young adults we can hire—counselors who are well-suited to the task of caring for campers. The effort we put into screening and selecting our staff is part of that pledge. During camp, our staff works with your child in the context of a visible, well scrutinized community that has many built-in checks and balances. Counselors are supervised by senior staff and are guided by clear, firm policies regarding behavior. Their actions are also visible to a community full of co-workers and campers. Our staff is hired for the camp season and is under contract at that time. After camp we cannot take responsibility for their off-season behavior since we cannot supervise it. It is the responsibility of the parent to interview and research any staff member if you want to hire him/her as a baby-sitter, nanny, or child companion outside of camp. We have great young people working at Olympia, but we want you to be an informed decision maker regarding contact between staff and campers outside of camp.

We recognize that campers and counselors develop close, trusting relationships with one another at camp and that these relationships are healthy, wholesome, and beneficial to campers and staff alike. We are aware that many campers will naturally want to keep in touch with their favorite counselors after camp. With new technologies and social networking capabilities, it is easy for campers to track down counselors outside of camp and to communicate with them. We want you as parents to be aware of this.

Therefore, our recommendation is simply for you as parents to be aware of your child's online activities, including social media (Facebook, Twitter, Instagram, Snapchat, etc.), instant messaging, video websites, (ex. YouTube), apps and email. Also, be aware of phone activities including calls, text messages, and video chats through Skype and other services. Supervise your child's phone and computer use as you would any other aspect of his/her life in your home. Likewise, we request that you as a parent or legal guardian talk with your child about what contact information you would allow them to exchange with a camp staff member or other campers. In sharing contact information with a staff member or camper, you understand that you accept full responsibility for overseeing whatever contact occurs as a result.

We want to partner with you, the parent, in keeping children safe by being proactive in communicating our policies and offering advice on how to address this important topic with your child.

**Please indicate that you have read and agree to this Camper Policy Agreement by logging in to your Parent Account. The “Parent Login” link is found at the very top of our website [www.campolympia.com](http://www.campolympia.com).**



## CHOOSE YOUR ACTIVITIES FOR THE SUMMER!

This activity section is designed to inform you and your camper of Olympia's activities and to help in choosing from the activities offered during SPARK Week. We want to answer as many questions as possible as well as give your camper a feeling of familiarity even before he/she arrives.

SPARK Week campers will have a unique camp experience because they will get to participate in many of the activity highlights at camp with all of their fellow SPARK campers during our "Breakout" time, rank 10 of the 19 different SPARK week activity choices for their scheduled

activity classes, plus participate in a variety of O-mazing nightly camp programs.

After reading through the activity information, SPARK campers will rank 10 activities from the choices available. From the ranked activities, campers will receive an individualized schedule with four activity periods on Monday and Wednesday and another four activity periods on Tuesday and Thursday. *It is Olympia's goal to give each camper an activity schedule with their top choices; however, class minimums must be met and maximums kept in order to have a productive and efficient class.*

## SPARK Activity Choices

Arts & Crafts	Gymnastics
Baseball/Softball	Lacrosse
Basketball	J-Journeys
Board Games	O-Sports
Charm	Soccer
Cheer/Dance	Swimming
Drama	Tennis
Fishing	Textile Arts
Football	Track & Field
Frisbee	

Also, SPARK campers will have the opportunity to experience many of the most popular areas of camp during "Breakout" times together as a SPARK group.

## Breakout Activities Include

Archery	Mini Golf
Blobbering	O-O
Rock Wall	Puppies in Training
Free Swim	Rocketing
Horseback	Water Slide
Inflatables	Water Wars
Jump Pad	

With the completion of the [Activity Choice Form](#) online, you are indicating your understanding of the activities you and your camper choose as well as those activities

conducted throughout the term as "special events" or "extra activities", and you are acknowledging that you have read this material.

## WATERFRONT ACTIVITIES

### Activities occurring on Lake Livingston - a public access lake.

Get ready for some fun at our lakefront, named **The Point!** Waterfront activities involve participation in Lake Livingston. SPARK campers may have the opportunity to participate in waterfront activities such as

**Nose clips** will be worn while participating in the following activities on our lakefront: rocketing, blobbing, and sliding. For more leisure lake activities, such as canoeing, kayaking, sailing and paddleboarding, nose clips will be available if requested but will not be mandatory. **We recommend that campers bring 2 nose clips with them to camp**, but we will also have some available.

**Paddleboarding, Rocketing, Blobbing, Water Sliding and Log Rolling.** It is recommended that campers participating in these activities be comfortable in lake water and have at least a basic swimming ability. Life jackets are **MANDATORY** for all waterfront activities, with the exception of blobbing and water sliding. However, life jackets are available for these activities as well. Though our Olympia staff takes many precautions, risks on the lake do exist. Many of the risks involved in waterfront activities stem from natural disasters beyond our control: equipment problems, falls, wildlife, ignoring of safety instructions, and other conditions or events inherent in water sports.

### More specific activity information

Campers have a blast with **Blobbering, Rocketing, and Water Sliding**, which are available to all campers separate from the scheduled class periods. **Rocketing** involves being pulled behind a boat on an inflatable that transports four to ten people. While rocketing, it is probable that participants will fall into the water. When this occurs, pick up is

accomplished as quickly as possible. Campers who choose not to go Rocketing or those waiting for their turn to go Rocketing will have the opportunity to ride in the boat.

**Blobbering** is a definite highlight for most campers! Blobbing is jumping from a platform and landing in a seat drop position onto a large inflatable (called the Blob), which is floating in the water and anchored in position. One at a time, campers jump onto the Blob and if other campers are still on the Blob, they are bounced into the air or into the water. Once in the water, the campers swim to the dock (about 20 to 30 feet). At The Point, there are TWO blobs for double the fun!

Our 100 ft. **Water Slide** is fun for all! Campers climb a spiral staircase and then rushing water assists them down the giant slide into the lake. These campers then swim to the dock (about 10 to 20 feet).

Campers also may have the opportunity to participate in more leisure lake activities including Paddleboarding and Log Rolling. With these activities, life jackets are worn and lifeguards are present.

## J-JOURNEYS

**J-Journeys** is a class for our junior campers designed to give your 6-9 year old boy or girl an awesome outdoor adventure. During this one-period class, campers will trek through the Piney Woods, do scavenger hunts around camp, and have a blast learning about the great outdoors.

## CLIMBING WALL

All campers will have the chance to participate in high elements such as the Climbing Wall. Parents and campers are encouraged to discuss the need for strict obedience to all safety regulations. Basic safety rules and safety commands are covered during this activity.

Our **Climbing Wall** has 3 different challenging routes and is located on the back side of our O-Dome. You can try and master all 3! The “belay” system is used on all high elements, which involves safety harnesses and ropes to assist the campers while they climb. All high elements are “Challenge by Choice.”

## POOL ACTIVITIES

Our **Pool** is a favorite place to be during the warm days of summer! The facility includes a basketball goal, low diving board, trolley from a 25 ft. platform, giant slide, and climbing wall. SPARK activities conducted at the pool are Swimming Lessons and Free Swim. Other special activities include pool parties, scavenger hunts, and **Water Wars**, which is a water balloon launch area. Any activity in or near the water has the potential for risks to occur. All scheduled pool activities have lifeguard supervision, and we follow American Camp Association standards for use of certified staff at the pool.

### More specific activity information

**Swimming lessons** are mandatory for campers under 10 years of age because Olympia believes in the importance of every camper being a capable swimmer. Therefore, swimming lessons will be added to their activity schedule

**Free Swim** is a great time to relax at the pool and visit with friends. SPARK campers get their own Pool Party where they can play in the shallow end of the pool and on each pool apparatus: low diving board, trolley (25 ft. platform), and slide. Pool inflatables may also be available.



## TARGET SPORTS

### Activities involving the use of firearms and ammunition or bow and arrows.

Target sports take place on ranges designed specifically for each sport. Activities considered target sports are **Archery and Riflery**. These activities are enjoyable and make good lifetime leisure activities, but involve some risk the parent and camper should consider before participating. SPARK campers will have the opportunity to participate in Archery, but Riflery is only offered during our longer terms.

## HORSEBACK

**Horseback** is always at popular activity at camp! Campers love to spend time learning about, caring for, and riding horses. Although our horses are accustomed to trail rides and arena work, all animals can be unpredictable. Be aware of this and talk with your child about the need for respect and caution around the animals.



## FIELD SPORTS

### Organized activities designed for field play.

**Football (flag), Soccer, Softball, Baseball, Frisbee, Track & Field, Lacrosse** and large group running games use our large athletic fields. These activities are fun and a great way to stay in shape for school athletics! Of course, like with any physical activity, the potential for injuries exist.

Olympia has equipment on hand for each of these activities. If a camper wishes to bring his/her personal equipment, such as a baseball/softball glove, be sure to mark this item with the camper's first and last name. Personal equipment should be kept in the camper's trunk when not participating in an activity. Class minimums must be met in order to have a productive and efficient class.



## COURT SPORTS

Is **Volleyball, Tennis, or Basketball** your sport? Olympia has courts and equipment for all three sports. Olympia offers volleyball instruction on both a sand court and covered hard court. Basketball is played in our Olympia Dome (“O-Dome”) and on the full-size outdoor court. On our covered tennis courts, campers will receive great tennis instruction to improve both their singles and doubles game.

## EXTRA ACTIVITIES

Campers of all ages may experience these favorite activities outside of their individualized activity schedule.

**Water inflatables, rocketing, blobbing, paddleboarding, log rolling, and water sliding:** please read explanations of these activities under our “Waterfront Activities.”

The **Jump Pad** is an inflatable surrounded by sand. It allows for up to 30 people to jump at once so entire cabins can have fun on it together. Of course, the potential for injury exists so no flips are allowed - just LOTS of jumping!

**Mini Golf, O-O, Sky-9 and Hammocking in our Hammock Village** are fun, activities that campers play during free time at camp.

## LIFETIME LEISURE ACTIVITIES

**Arts & Crafts** is a very popular activity for all age groups! Whatever the project, you can bet it will be FUN and campers will be able to bring it home! Note that heat, chemicals, or sharp objects may be used under supervision.

**Board Games** is perfect for campers who love learning strategy, challenging others, and having fun!

**Charm** is a fun activity for campers of all ages to learn beauty tips and etiquette. They may even get to practice cooking and learn how to follow a recipe.

**Cheerleading** is a great way to show spirit. Campers will learn cheer techniques and routines, which may include lifts and tumbling.

**Dance** is a fun way to get some energy out, learn some of the latest dances, and enjoy some good dance music.

**Gymnastics** at camp involves flexibility and balance exercises, as well as tumbling.

**Puppies in Training** — Campers will have an opportunity to interact with 3 puppies at camp this summer. Campers will spend time learning how to care for the puppies while on walks, give them baths, basic training for the dogs and just LOVE on them! At the end of the summer, camper families will have a chance to bid on the puppies and hopefully take one home. Money raised will be donated to the Camper Scholarship Fund here at camp.

**O-Sports** has the campers' favorite Camp Olympia games in one O-mazing activity! O-Ball, Spike-O, Koob, O-O, Sky-9, Toppleball, and other fun Olympia games will be taught and played during this one period activity. Your camper will learn strategy and new techniques to perfect his/her game and, of course, have a TON O' FUN!

**Textile Arts - NEW for 2019.** Campers will do a variety of crafts using different textiles, string, and fabrics. They will create one of a kind personalized projects to take home as well as lifelong skills.



## SPECIAL EVENTS

Olympia offers many fun and exciting special programs and events in addition to all of our great activities!

Some of these programs and events are included below.

**Cookouts:** What a Fun Night! Our SPARK campers will have one cookout during their term. Olympia's Cookout site is located off of Caney Creek approximately two miles from main camp. Next to our Cookout site is a screened structure that holds up to sixty-five campers and counselors. The site is equipped with running water, electricity, and bathrooms. Campers and counselors are driven out to the cookout site where their meal has been cooked over a campfire. Of course, the meal always includes s'mores! This experience is designed for a feel of camping in the great outdoors and really promotes bonding with the other campers. During their cookout, campers and counselors participate in any number of games, including sports or tag in the open areas. Precautions are taken to ensure your camper's safety, but as with any activity in the great outdoors, risk of injury, minor or serious, is a possibility.

**Inflatable Fun!** - All SPARK campers will get to participate in a party with a variety of different inflatable elements (provided by camp or a third-party provider) and set up on our courts and

fields. In addition to the inflatables, campers enjoy sno cones, the Jump Pad, and outdoor games.

**Camp-O Dances** - Campers, get your dancing shoes on! You will enjoy an all-camp dance plus themed games and refreshments for the Derby Days dance!

**Night Games:** These activities offer great fun and excitement for our campers! Some night games may be programmed for your camper, such as a stealth game (where groups of campers and counselors try to make their way through camp without being detected), paint party, or a scavenger hunt. East Texas woods at night are intriguing and fun, but risks exist due to unforeseen obstacles or wildlife. Campers are reminded to use their insect repellent.

**Camp Olympia's overall camping program changes continually to ensure a new and exciting program for each of our campers. Therefore, this information is not to be considered all inclusive and is not designed to limit the Olympia program in any way.**

## FAVORITE ACTIVITIES 1 to 10, with number one being your favorite.

### *How to Complete your Activity Selection Online*

- Go to [www.campolympia.com](http://www.campolympia.com)
- Click the Parent Login button on the bottom, right of the homepage.
- Login with your email address and password
- Go to your Forms Dashboard
- Select Activity Preference
- Make your 10 choices and click "Save Preferences"

**Submit your activity choices by April 15, 2019 and have 25 merits added to your merit record**

Please note that if a change in a camper's activity schedule is needed, campers will only be allowed to change an activity for one that is listed on their activity preference form. The number and size of the activity classes are set based on the preferences of all of our campers, and therefore, limited spots are available.

**Don't forget to pack your costumes for our exciting programs.  
It wouldn't be camp without fun and crazy costumes!**

## BOYS AND GIRLS NIGHTS

BRING A SWIMSUIT AND "DISPOSABLE" CLOTHES FOR SOME MESSY FUN  
WHEN THE SUN GOES DOWN!

### COOKOUT

OTHERWISE KNOWN AS OVERNIGHT HERE AT OLYMPIA - DRESS IN CAMOUFLAGE OR DARK CLOTHES AND GET READY FOR FIELD GAMES, SONGS AROUND THE CAMPFIRE, RANGER DOGS AND S'MORES!

### TALENT SHOW

COME PREPARED WITH AN ACT OR PREPARE ONE WITH THE FRIENDS YOU MAKE AT CAMP AND SHOW OFF YOUR TALENTS ON STAGE!  
TO ACCOMMODATE ALL OF OUR TALENTED CAMPERS, WE MUST LIMIT EACH ACT TO TWO MINUTES.

## Derby Days

TRUMPET THE FANFARE!  
GET INTO THE STARTING GATE, AND WE'RE OFF!  
THE RACE IS ON FOR DERBY DAYS AT CAMP O AND THE STAKES HAVE NEVER BEEN HIGHER.  
GET READY FOR HORSE RACES, JOCKEYS, AND FLOPPY HATS!





## Permission to Attend, Release, and Indemnity

### CAMP OLYMPIA PERMISSION TO ATTEND, ASSUMPTION OF RISK, AND RELEASE

NAME OF PARTICIPANT(S): (print) \_\_\_\_\_

PARENT/GUARDIAN NAMES: (print) \_\_\_\_\_

**I hereby request that my child be accepted to attend Camp Olympia.** I am aware that during my child's stay at Camp Olympia, my child will be participating in many physical activities and may encounter certain risks and dangers. These risks and dangers include, but are not limited to, serious bodily injury or death due to the hazards of being in a wilderness area, the forces of nature, and other risks and dangers because of the activities offered, and the nature of the grounds and facilities, at Camp Olympia. I am aware that Camp Olympia is located on a lake and has a swimming pool on the premises, and that my child will have the opportunity to participate in aquatic activities, including, but not limited to, swimming, boating, canoeing, and any other activity arranged for my child. I am aware that Camp Olympia offers challenge course activities with high elements up to 35 feet high for which a belay system is used as well as low elements approximately three feet high for which ground spotters are used. I am also aware that Camp Olympia offers other activities including, but not limited to, team and individual sports, miscellaneous games, archery, riflery, horseback riding, and all aspects of camping. I understand it is my sole responsibility to decide on and implement any activity restrictions which I deem necessary for my child's personal welfare and safety. I understand that Camp Olympia will be filming and taking photographs during the camping term which will include my child, and that Camp Olympia might use such filming and photographs in promotional materials. Individually and on behalf of my child, I consent to my child being filmed and photographed and to use such filming and photographs for promotional purposes. I hereby give my permission for my child to ride in camp buses and vehicles.

**AS ADDITIONAL CONSIDERATION FOR MY CHILD BEING PERMITTED TO ATTEND CAMP OLYMPIA AND PARTICIPATE IN ANY OF THE ACTIVITIES OFFERED BY CAMP OLYMPIA, I, INDIVIDUALLY AND ON BEHALF OF MY CHILD, HEREBY RELEASE, DISCHARGE, INDEMNIFY, AND HOLD HARMLESS CAMP OLYMPIA, INC., CAMP MANAGEMENT, INC., CAMP MANAGEMENT FOODS, INC., WP REALTY, L.P. DBA WHISPERING PINES GOLF CLUB, OLYMPIA REALTY CORPORATION, AND THE SPIRIT GOLF ASSOCIATION AND THEIR RESPECTIVE SHAREHOLDERS, DIRECTORS, OFFICERS, EMPLOYEES, AGENTS AND REPRESENTATIVES (ALL SUCH ENTITIES AND INDIVIDUALS BEING REFERRED TO COLLECTIVELY HEREINAFTER AS THE "RELEASED PARTIES") FROM ANY AND ALL LIABILITY TO ME FOR LOSS OR DAMAGE ON ACCOUNT OF INJURY TO MY CHILD OR MY PROPERTY AND ANY AND ALL COSTS AND EXPENSES, INCLUDING WITHOUT LIMITATION ATTORNEY'S FEES, WHETHER CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE (WHETHER SOLE, JOINT OR CONCURRENT) OR GROSS NEGLIGENCE OF THE RELEASED PARTIES, AS A DIRECT OR INDIRECT RESULT OF MY CHILD'S ATTENDANCE AT CAMP OLYMPIA AND/OR MY CHILD'S PARTICIPATION IN ANY OF THE ACTIVITIES OFFERED BY CAMP OLYMPIA.**



## Permission to Attend, Release, and Indemnity

I have read and voluntarily signed this Release and Indemnity, and I further agree that no oral representations, statements or inducements apart from the foregoing written agreement have been made. I understand this document includes a full and final release and indemnification of all claims.

### **PARENTS' AUTHORIZATION TO PROVIDE NECESSARY TREATMENT:**

I hereby give permission to the medical personnel selected by the camp director to order X-rays, routine tests, treatment, to release any records necessary for insurance purposes, and to provide or arrange related transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician to hospitalize, secure proper treatment for, and order injection, anesthesia, or surgery for my child. I understand the information on this form will be shared on a "need to know" basis with camp staff. I agree to provide health history that is correct and complete as far as I know, and my child has permission to engage in all camp activities except as noted. I give my permission to photocopy all forms related to health history and medical treatment. In addition, the camp has permission to obtain a copy of my child's health record from providers who treat my child, and these providers may talk with the camp staff about my child's health status. I acknowledge and understand that the cost of any such medical care is my financial responsibility. I have read and understand the foregoing terms and conditions, including without limitation the release provision, and knowingly agree to each and every term and condition.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Legal Guardian



723 Olympia Drive ★ Trinity, Texas 75862

phone: 936.594.2541 ★ fax: 936.594.8143

[campinfo@campolympia.com](mailto:campinfo@campolympia.com) ★ [www.campolympia.com](http://www.campolympia.com)

This form may be uploaded as a PDF in the Forms Dashboard.



# Preparing First-time Campers and Their Parents!

## *Homesickness: Preparing First-time Campers and Their Parents!*

We understand that sending your child away to an overnight camp can be intimidating. Please don't worry! We are fully prepared and equipped to handle smooth transitions into our summer camp program, and after reading this, you will be too!

If you have any questions about preparing your child for camp or dealing with homesickness, please let us know. We have some great materials that we would be glad to give you dealing with these issues. We recommend an excellent resource book, by Dr. Christopher Thurber and Dr. Jon Malinowski, named *The Summer Camp Handbook*. This book is now available for online reading at <http://www.summertimehandbook.com/>.

We want to make sure that you and your child have a great experience and find Olympia to be your second home!

## *Before Camp*

**Be positive and get excited** when talking about taking your child to camp, the daily schedule, expectations of camp, etc. Go to our website to look at pictures and videos together.

**Battling homesickness starts with parents!** Address the problem ahead of time by simply talking about homesickness. Let them know that it's okay to be homesick. Bringing it to light can help your child process the reality of actually being away from home soon.

**Do not vocalize how much you are going to miss your child.** Often, parents are equally as apprehensive. Keep this to yourself. Your camper would remember these feelings—allowing for convenient excuses to go home and “take care of their parents.”

**Never make a deal.** When talking with your child before camp, avoid telling him/her, “If you give camp a try and don't like it, I will come and pick you up.” Although these deals are made with good intentions, they almost always have negative effects.

**Sit down together and create strategies for your child to deal with homesickness.** Whether it is simply having them help pack their trunk, talking to their counselors about their feelings, or staying busy while at camp — establish these coping mechanisms now.

## *During Camp*

**Write or email frequently!** Campers love to hear from Mom and Dad. Handwritten notes are special but emails are easily handled and get to your child quickly.

**Have confidence in your child's counselor.** The staff at Olympia has dealt with many cases of homesickness throughout the summers. It is part of our job, and the staff is trained in knowing how to help campers overcome homesickness.

**Parents, keep yourself busy.** Keep yourselves busy while your child is gone. Take a vacation, catch up with friends, tackle those projects you keep putting off. The busier you keep yourself, the less you will dwell on the empty household.

Also, log in to [campolympia.com](http://campolympia.com), check your WALDO App, or the WALDO Gallery at [waldo.photos/galleries](http://waldo.photos/galleries) (Code: Olympia19) for photos of your smiling camper. Seeing that your camper is having a good time will put your mind at ease. Encourage your camper to get in front of the camp cameras!



Looking for the perfect gift for your camper? We've got it!

Shop our unique Country Store for Camp Olympia items and more. We also have the latest Spartan/Athenian tribal gear to get them into that Camp O spirit.

#### INTERESTED IN SHOPPING?



**In-Store-** Come visit us!

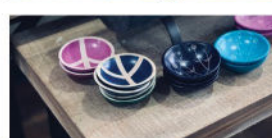


**Online-** have it delivered to your home or to your camper while they are here at their home away from home.



**Special Delivery-** Limited Availability! Be sure to pre-order your camper's care package.

SHOP THE NEWLY RENOVATED COUNTRY STORE







Stay ahead of the game  
this summer and order  
your camper a care  
package stamped....

## SPECIAL DELIVERY

Letters and care packages from family and friends make such a highlight in your child's day. This year Camp Olympia has designed a "SPECIAL DELIVERY" care package stuffed with loads of BIG FUN! Contents of package vary by age and gender and include a terrific assortment of unique toys and games. Each one is packed at camp by people who know your child!

Fill out the attached order form and include the completed form and payment with your tuition.  
Phone orders are also available.

FILL OUT AND MAIL TO: CAMP OLYMPIA. 723 OLYMPIA DRIVE. TRINITY, TX 75862  
FAX TO: 936-594-8143 SCAN/EMAIL TO: BILLING@CAMPOLYMPIA.COM

Camper's Name: \_\_\_\_\_  
Girl: ☐ Boy: ☐

Requested Delivery Date: \_\_\_\_\_

Package not delivered on Opening Day

Sent with LOVE from: \_\_\_\_\_

SPECIAL DELIVERY CARE PACKAGE @ \$40 EACH

1 @ \$40

Method of Payment:

☐ Visa ☐ Check Enclosed  
☐ MasterCard ☐ Discover ☐ American Express

Card Number

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Expiration Date Month  Year

Name as appears on card \_\_\_\_\_

Address \_\_\_\_\_

Signature \_\_\_\_\_

Phone Number \_\_\_\_\_

# PACKED WITH FUN NEW ITEMS FOR 2019!

# SPARK

*Adventure Awaits!*



Camp Olympia's  
One Week Camp  
for Campers  
ages 6-9!



LET'S GO!

